

Daawooyinka tooska looga iibiyo macaamisha(OTC)& Buug-yaraha Cunnada Caafimaadka leh

Qorshaha Medicare Advantage ee 2025



Faa'iidooyinka

Waxyaabaha Diyaarka ku ah Wellcare



Isticmaal kaarkaaga Wax iibsiga Wellcare Spendables™ si aad uga iibsato alaabada daawo ee tooska looga iibiyo macaamisha (OTC) & Alaabooyinka Cunnada Caafimaadka leh ah, sida daawada xanuunka baabi'iya, daawada cadayga, daawada qufaca dajisa, khudaarta cusub, khudaarta, iyo qaar kaloo badan. Ka dhex baadho buug-yarahaan si aad u heshid xulashada alaabta la heli karo ee diyaarka ah. Xitaa walxo badan ayaa laga heli karaa onlayn iyo dukaanka dhexdiisa!

**KU ISKAAN GAREY KOODKA QR
TALEEFOONKAAGA AMA TAABLEETKA
SIFO AAD U ARAGTO OTC & QEYBAHA
CUNTADA CAAFIMAADKA LEH EE LA
HELI KARO.**



Si fudud u sawir koodhka QR, gudaha u gal bogga xubnimada, oo dooro “Wellcare Spendables.” Halkan waxaad:



Ka arki kartaa faa'iidooyinkaaga iyo hadhaaga kaadhka.



libso alaabooyinka la ansixiyay.



Waxaad furta oo aad ka shaqaysiisa kaadhkaaga.



Dib u eeg wax kala iibsiga iyo taariikhda dalbashada.



Soo hel dukaamada qeybqaadanaya.



Waxaad ka heli doontaa tixraacyada mareegaha iyo abka mobaylka qaybaha buugyarahan oo dhan. Haddii aanad marin u lahayn webseedka ama talefanka casriga ah, waxa aad wici kartaa Adeegyada Xubinka adiga oo isticmaalaya nambarka dhabarka ee kaadhka aqoonsiga (ID) xubinta si aad ugala hadasho faa'iidooyinkan iyo sifooyinkan.

Adeegyada Waxaa Fudeed ka dhigay Kaadhka Wellcare Spendables™



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**WAXAA JIRA AFAR HAB OO FUDUD OO AAD KU DALBAN
KARTO OTC-KAAGA & ALAABTA CUNTADA CAAFIMAADKA LEH:**



KUJITRA BAKHAARKA

Waxii macluumaad dheeri ah iyo si aad hesho bakhaarada ku yaalla agtaada, booqo **member.membersecurelogin.com**.



ONLINE

Waxii alaabyo kala duduwan ah, ka dukaameeyso bakhaarkeena onlaynka. Booqo **member.membersecurelogin.com** oo gal ama guji *Isdiwaangeli*. Marka aad gudaha gasho, kor ka guji *Ka ganacso onlayn* bogga. Markaa aad saarsaarto alaabta gaari gacmeedkaaga, guji *Gaari gacmeedka* sifo aad u hubiso dalabkaaga. Si aad u dhamaystirto dalabkaaga, guji *Kabax* oo geli macluumaadka goobta la geenaayo. Ka dib, guji *Dirso dalabka* si aad u hesho OTC-kaaga iyo alaabyada cuntada la keenaayo gurigaaga.



APP-KA MOOBEELKAAGA

Soo dejiso app-ka moobeelka si bilaash ah Healthy Benefits+™ sifo ugu dukaameesato alaabyada OTC iyo Cunada Caafimaadka leh.



QAAB TALEEFOON AH

Wac **1-855-744-8550** (TTY: **711**) si aad u dalbato u qalnaashaha OTC-ga iyo Alaabyada Caafimaadka Cunada talefoonka adigoo isticmaalaya. Inta u dhaxaysa Oktoobar 1 iyo Maarso 31, matalayaal ayaa diyaar kuu ah Isniin–Axad, 8-da subaxnimo ilaa 8-da fiidnimo. Inta u dhaxaysa Abriil 1 iyo Sebtembar 30, matalayaal ayaa diyaar kuu ah Isniin–Jimco, 8 subaxnimo ilaa 8 fiidnimo. Fadlan ogow saacadaha shaqada ka dib, maalmaha fasaxa ah iyo fasaxyada federaalka laga bilaabo Abriil 1 ilaa Sebtembar 30, nidaamkeena teleefoonka tooska ah ayaa laga yaabaa inuu ka jawaabo wicitaankaaga. Qoro mgacayada alaabta iyo lambarkooda aqoonsiga aad rabto inaad iibsato.

Wellcare waxay bixisaa Dhoofin bilaash ah*!

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Waxaad si toos ah ugu heli doontaa dhoofin bilaash ah dhammaan alaabta ku xusan barta HealthyBenefits+.



Ma jiro wax gadashada ugu yar ee loo baahan yahay si aad u hesho dhoofinta bilaashka ah.

**Qaar ka mid ah shuraakayaasha wax iibsiga onlaynka ayaa laga yaabaa inay so rogaan kharashka dhoofinta xilliga alaab qaadashada.*





XASAASIYAD IYO SANQADA



B0046XDXXS Allegra \$10.12

Allegra Dadka Qaangaarka ah 12HR waa daawo xasaasiyada dajisa oo aan lulo lahayn kaas oo si degdeg ah u fududeeya calaamadaha xasaasiyadda Xidhmo kastaa wuxuu ka kooban yahay 12 kiniin, oo leh qiyaasta 60 mg



B00GA9AVH2 Benadryl \$14.88

Benadryl Ultratabs, Kiniiniyada Diphenhydramine HCl ee Daaweeya Qabowga iyo Calaamadaha Xasaasiyadda Sida Hindhisada, iyo Diiftaiyo Indho Cuncun iyo Cuna xanuun, 100 xabo



B014HN971I Benadryl \$21.23

Benadryl Ultratabs the Kaniinada Waa la qaadani karaa, Kiniinnada Daawooyinka Xasaasiyadda ee leh Diphenhydramine HCl, waa loo qaadani kara safarka, waxaay daaweeyaan qabowga iyo xasaasiyada baakadh kastaa waxa kujira 60 Xirmo, oo baakidh kasta ku jiraan 2 kiniin



B074F19XB8 Amazon Basic Care \$7.67

Amazon Basic Care Waa baabi'iyee Xasaasiyad oo Dhameystiran oo ka kooban 25 mg oo yareysaa calaamadaha xasaasiyadda HCl ah Diphenhydramine, waxay yareeyaan calaamadaha xasaasiyadda waa 400 xabo



B0B13PZF8Z Benadryl \$8.99

Benadryl Daawada Awooda sare leh ee Baabi'isa alaamadaha Xasaasiyadda ee eh qandhada daran iyo xasaasiyadaha kale ee neefsiga sare Kiniin kasta waxa uu ka kooban yahay 50 mg oo Diphenhydramine HCl ah, baakaduna waxa ay ka kooban tahay 24 kiniin ah



B01JGZDIHQ Arm & Hammer \$21.60

Arm & Hammer Simply Saline oo Sanka lagu Daaweyo oo Dheerad 4.6oz, San buufis milix leh, Daroogo lahayn, Baakadanna waxa ku jira 3 xirmo

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B074F18H5N Amazon Basic Care \$15.99
 Amazon Basic Care Baabi'isa Xasaasiyadda waxa ku jira 10 mg oo kiniin Loratadine, oo lagu heli karo xirmo 300 ah



B01LQBIWQ0 XYZAL \$27.49
 Kiniinnada Xasaasiyadda Xyzal, Baabi'iya Xasaasiyadda 24-Saacadood, 80 xabo, Awoodda Daawada Asalka ah



B07HD646P7 HealthCareAisle \$8.10
 HealthCareAisle Baabi'iyaha Xasaasiyadda - Kaniinada Levocetirizine Dihydrochloride USP, oo dhan 5 mg - 80 Kiniin - Leh Awoodda Daawada Asalka ah Daawaynta Xasaasiyada, Baabi'iya Xasaasiyadda 24-Saacadood 80 xabo (1 xirmo)



B000X1H2N4 Zyrtec \$14.37
 Zyrtec-Kaniinka Baabi'iyaha Xasaasiyadda 24-Saacadood, Daawada Xasaasiyada oo leh 10 mg oo Cetirizine HCl halkii Kiniin oo Xasaasiyada ahba, Xanuun Baabi'in Dhaqsa ah, Dadka Safraya waxay qaadan karaan 14 xabo, (14 x 1 xabo)



B074F145Y1 Amazon Basic Care \$15.60
 Amazon Basic Care Baabi'iyaha Xasaasiyadda 24-Saacadood, Kiniinada Cetirizine xasaasiyadda, 10 mg, 300 Xabo



B0010NSC1U Ayr \$3.62
 Ayr Daawada Sanka Milixda ee Jeelka, Oo leh Aloe Daaweeya, Hal 0.5 Wadiiqad tuubo (1 xirmo)



B0BX7GY18B Claritin \$69.99
 Claritin Daawada Xasaasiyadda ku daaweysa 24 Saac, Baabi'iyaha Xasaasiyada Luulmada lahayn ee heerka sare, Loratadine daawada sanboorka Dareeraha Jeelka ah, 1x30, 1x10, 1x60, 100 Wadarta Dareeraha Jeelka ah

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B01HCX4B7U Vicks \$8.33

Vicks Sinex SEVERE Buufiska Sanka, Leh Qoyaan Fiican oo Asal ah, Daawada Sanqad xiranla, Waxay Baabi'isa Caburka Sanka Qaboow ama Xasaasiyad aawgii, & Caburka Sanka, Baabi'inta Sanqad Xiranka, 265 Buufino



B019NX6JCM Afrin \$6.74

Afrin Daawada Xasaasiyada Buufiska Sanqada Sanka - Daaweeynta Degdega ah ee Waxtarka leh ee Caburka sanka ah ee keentay Xasaasiyadda, oo Loogu talagalay Dadka Waaweyn iyo Carruurta Da'doodu tahay 6 iyo Wixii ka weyn (1 Xirmo) 0.50 Fl oz ah



B01MTXZKMH Flonase Sensimist \$14.34

Flonase Sensimist Daawada Xasaasiyada Buufiska Sanka oo Lulmo lahayn, Baabi'isa Calaamadaha Badan ee Xasaasiyada 24-Sacadood, 60 Buufin



B00MIQM8EM Nasacort \$25.97

Nasacort 24HR Daawada Xasaasiyadda Sanka Buufinta ee dadka Waaweyn, aan lahayn Lulmo & Alkahool aan Lahayn, 240 Buufin, 0.57 fl.oz. 2 Xabo



B07MLTLN75 Amazon Basic Care \$5.79

Amazon Basic Care Ma jiro wax lagu buufiyo sanka, 12 Sacadood oo San Nadiifin ah, Mashiinka Nadiifinta, Oxymetazoline HCl, Buufinta Hargabka Sanka, Xasaasiyada 1 fl oz (1 Xirmo)



B07HD6F7DZ HealthCareAisle \$11.87

HealthCareAisle Baabi'yaha Xasaasiyada - Kiniinka sanboorka USP, 5 mg, 160 Kiniin, Dawada asalka ah Daawada Xasaasiyadda Daran, Baabi'iyaha Xasaasiyadda 24-Sacadood, 80 Xabo (2 Xirmo)

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



BADBAADADA MUSQUSHA



B08KSKPX7N Medline \$42.99

Medline Kursiga Howsha Qubeyska Culus Kursiga Qubeyska oo aan Lahayn Dhabarka Dambe, Oo Loogu talagalay in Lagu taageero Ilaa 550 Lbs



B002VWKOWI Drive Medical \$35.49

Drive Medical RTL12202KDR Kursiga Qubeyska ee Tiirsiga leh, Fadhi la Beddeli karo oo Cago Joogsi leh, Kursiga Qubayska Loogu talagalay Qubayska gudaha ama tuubada, Kursiga Qubayska ee Kursiga Musqusha ee Waayeelka iyo Naafada, taageeraya ilaa 300 LB, Wuxuu ku yimaadaa midab Cawl



B008KMF6JO Drive Medical \$19.59

Drive Medical RTL12012 Bar Qabsashada budada-Dahaarka leh, ee Cadaanka ah



B002VWKOUO Drive Medical \$69.27

Drive Medical Kursiga Culayska qaado ee Qubeyska



B01MSISJKG Medline \$41.98

Kursiga Qubeyska ee Medline oo leh Lugo la Adkeeyay iyo Qayb tiirsi oo Qubayska Loogu talagalay oo Miisaan Culus qaadi karta oo loogu talagalay tubbada qubeyska, oo leh dushasimbiriirixan Dhererka waa la Badeelani karaa, Wuxuuna taageeraa ilaa 350 lb, waa mid Kuhabboon in Lagu Isticmaalo Gudaha Qubeyska



B000BJBH48 Medline \$33.14

Kursiga Badbaadada leh ee Musqusha ee Medline ee loogu talagalay dadka waayeelkaah oo leh rakibid sahlan, Qaybta Musqusha lagu Aadinikaro, Leh Caawiyaha Gacan saarashada Xilliga Qubayska, Badbaadada Qubayska, 250 lb. waxana uu leeyahay Miisaan dhan

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



BOBP9K6NFM Waterpik \$34.99

Waterpik Leh Gacanta Tuubada Qubayska Sare oo Cadaadiskeedu sareeyo, Masaaada ama PowerPulse leh 6-Nooca, Chrome XAL-643ME



B002VWJYZW Drive Medical \$37.25

Drive Medical Kursi Musquleed Kor u qaadan oo leh Badhamo laga xiro, Kursiga caadiga ah, 4”



B0000533DS Carex \$29.68

Kursiga Musqusha Carex, waa Kursi Wareegsan oo ku Daraya 3.5 inji Dhererka Musqushaada, taas oo Sahlaysa inaad Fariisato ama Kacdo, Waxay leedahay Awood Miisaankeedu yahay 300 Rodol



TAAGEERAYAASHA QAYBAHA JIRKA IYO TAAGEERAYAASHA



B005YU8SX2 ACE \$5.01

ACE Brand 2-inji Faashad Laastikad ah oo leh Birta lagu xidho, Buufis, cabbirka tahay 2 inji iyo 51.2 inji, Ku habboon Suxullada, Anqawiyada, Jilbaha, iyo In ka badan, Loo Naqshadeeyay in Muddo badan La xirto, Si Sahlan Loo isticmaali karo (207310)



B00267SFKM Mueller \$24.28

MUELLER Sports ee Haruubka Jilibka Dhaqdhaqaaqa, oo loogu talagalay Xanuun Baabi'inta Jilibka ee Ragga iyo Dumarka labadaba, Waxay ku fiican tahay xannuunada Kala-goyska iyo murgacashada, waxay ku timaadaa madow, Waana Hal Cabir



B07TJF2MQG Copper Fit \$28.47

Copper Fit Marada Taageerada Baabi'isa Dhabar xanuunka leh Daawaynta Kulul/Qabowga, oo loogu talagalay Xanuunka dhabarka hoose, Xanuunada Haruubka laf dhabarka, xanuunada dhabar xanuunka qeybta hoose, iyo Dhabar xanuunka neerfaha oo leh taageerada qeybta hoose- Lagu isticmaali karo Guriga iyo Shaqada labadaba - Ragga iyo Dumarka

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B001OAXE0S Mueller \$16.97
 MUELLER Maarada Dhabarka Xanuunka Lagu xidho ee Isboortiga, Caawisa Xanuunka Dhabarka ee Ragga iyo Haweenka, Ku Fiican Xanuunka Dhabarka Sare iyo Hoose, Xanuunada Dhabar xanuunka qeybta hoose, Xanuunada Dhabar xanuunka, Madoow ah



B07L4VQTPZ Copper Fit \$8.98
 Copper Fit Maarada Qabashada lahayn ee Suxulka Isku keenta



B005783U4I Truform \$8.35
 Truform Marada Isku cadaadinta Boqomaha, Cabirka 8-15 mmHg, Dumarka Jilbaha ku xirtaan leh Cabirka sare, 20 Dun ah, Madoow, Dhex Dhexaad ah



B08P2CN8F6 Dr. Scholl's \$12.98
 Dr. Scholl's Sigisaha kala Firdhiyaa Sonkoroowga Ragga Laga heli karo-4 iyo 6 Xidhmo oo Lammaane ah Leh Naqshad aan xidhnayn iyo Maaraynta Qoyaanka,Cabbirka 7-12



B06W9MHMTN Dr. Scholl's \$8.73
 Dr. Scholl's Sigisaha kala Firdhiyaa Sonkoroowga Ragga Laga heli karo 4 iyo 6 Xidhmo oo Lammaane ah Leh Naqshad aan xidhnayn iyo Maaraynta Qoyaanka,Cabbirka 13-15



HARGAB, QUFAC, IYO HARGAB XILLIYEED



BOC6BF6Q3P Alka-Seltzer Plus \$10.47
 Alka-Seltzer Plus Hargab daran AwoodaDegdeg ah Qumbaha Liinta Ooranjada Kiniinnada Waxtarka leh, 24 xabo, Baakadu way kala duwanaan kartaa

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



BOC79PD1CF Alka-Seltzer Plus \$10.47
 Alka-Seltzer Plus Hargab Haweenkii ee daran AwoodaDegdeg Qumbaha Kiniinnada Qasmaya 24 Xabo



B019DL5KCO Coricidin HBP \$8.99
 Coricidin HBP Decongestant-Free Cough and Cold Medicine - Caawinta Gaarka ah ee loogu talagalay Dhiig-karka, Qufaca, Diifta, Hindhisada iyo Calaamadaha Qabowga (16 Tiro ahaan)



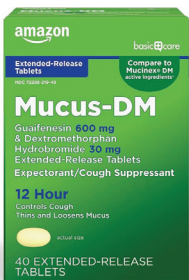
B088Z2GNQ3 Coricidin HBP \$9.52
 Coricidin HBP Awoodda Ugu Sarreysa ee Calaamadaha Kala Duwan ee Hargabka Kiniinnada Loogu talagalay Baabi'inta Xanuunka iyo Xanuunka jirka, Hargabka iyo Qufaca: Daawada Hargabka ee Dadka Waaweyn ee leh Cadaadis Dhiig oo Sarreeya, 24 Xabo



B0013FW1XA Mucinex \$14.97
 Mucinex Saacadaha jidhka uu kujiraayo waa 12 Saacadood 1200 mg Guaifenesin Kiniinnada Awooda leh So saara Diifka Dheeraadka ah, Caawiya So saarista Dhiifka Badan, Baabi'iyaha Caburka Xabadka, 14 Kaniini



B07BQKPMFM Amazon Basic Care \$11.54
 Amazon Basic Care Baabi'iyaha Hargabka iyo Harb xililyeedka, Combo Jeelka Jilcan ee Dhabarka ee Haweenka iyo Maalinta, Daawada Hargabka Awood leh La isticmaalo Haweenka iyo Maalinta Baabi'isa Calaamadaha Xanuunka, 48 Xabo (1 Xirmo)



B07QW3WHD3 Amazon Basic Care \$16.99
 Amazon Basic Care Baabi'yaha Diifka DM, 12 Saacadood Guaifenesin & Dextromethorphan Hydrobromide Kiniinnada Baabi'inta Sare leh, 600 mg/30 mg, Daawooyinka Qufaca ee Dadka waaweyn iyo Carruurta 12 sano iyo Ka weyn, 40 Xabo(1 Xirmo)

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B018GX9HII

SUDAFED PE

\$10.99

Sudafed PE Caburka Sanqada Awoodda ugu badan Kiniinnada loo isticmaalo sanxiranka aan Lulmada lahayn, 36 ct



B074F297S8

Amazon Basic Care

\$6.99

Amazon Basic Care ee Hargabka Wakhtiga Habeenka iyo Dareeraha Hargab Xilliyeedka, Wareega, 12 fl oz (1 Xirmo ka mid ah)



B07JLJ6BMB

Amazon Basic Care

\$10.12

Amazon Basic Care Qaboowga Maalinta iyo Kaniinka Hargabka Daran ee Haweenka iyo Hargab Xilliyeedka, Daawo Awood Badan leh, baakad isku dar, 48 Xabo



B00ASE013A

Amazon Basic Care

\$8.09

Amazon Basic Care Sharoobada Hargabka Haaweenka Daran, Daawooyinka Dareeraha leh ee leh Awooda ugu badan, Baabi'inta Calaamadaha Kala Duwan, ee loogu talagalay Dadka Waaweyn iyo Carruurta 12 sano iyo Ka weyn, dhadhanka canabka ku qasan, 12 fl oz (1 Xirmo)



B00167FS10

Luden's

\$1.79

Dhibcaha Cunaha Xanuunka ee Luden, ee loogu talagalay Caawinta Cunaha Xanuunka Yar, Geedka Canabka, 30 Xabo



B000WZVQBA

Chloraseptic

\$3.74

Chloraseptic Xanuunka Cunaha Badan + Kaniinka si ku-meel gaarka ah u daaweya hergebka, Sokor aan Lahayn Yara Dhadhan Macaan, 15 Xabo



B0895XXS6V

Chloraseptic

\$5.88

Chloraseptic kaniinka Qandaciyaha Xanuunka, Isku dha Liin iyo Malab, 18 Xabo, 1 Xirmo

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B009ITR4EY **Tylenol** **\$8.59**

Tylenol Daweeysa Hargebka + Hargeb xilliyeedka daran Daawada Awooda Sare leh ee Baabi'isa Qandhada, Xanuunka iyo Caburka, 24 ct.



B0014CV4Y4 **Chloraseptic** **\$6.38**

Chloraseptic Buufinta Xanuunka Cunaha, Dhadhan canabka leh, 6 fl oz



B073WVG99X **Vicks** **\$11.97**

Vicks VapoInhaler, Neefsi Sahlaha Sanka Safarka Loo Qaadan karo, Aan Dawaynta Ahayn, oo leh Uumiga Vicks Soo Celinta, Udgoonka Methanoolka, 2 geedaha Udgoon ah



B001G7QUU0 **Vicks** **\$30.58**

Vicks VapoRub, Asalka ah, Daawada qufaca, Boomaatida La mariyo Xabadka iyo Boomaatada Xanuunka joojiso, Waxay ka Baabi'isaa Qufaca Hargebka, Dikaanka, iyo xanuunka, 6 oz



B07N84SBBS **Amazon Basics** **\$5.00**

Amazon Basics Boomaatida Xabadka Qufaca Joojisa iyo Daawaynta Xanuunka Wadiiqad 3.53



GARGAAR NOLOL MAALMEEDKA



B00JKIMXH6 **FabLife** **\$24.55**

Qalabka Kaalmada Noloshaha ee Maalinlaha ah ee FabLife Hip Kit ee Dhaqdhaqaaqa, Soo kabashada Beddelka miskaha, Jilibka Qalliinka Dhabarku waxa ku jira Gaadhi-qabta, Usha Isbuunyada ah ee Qubeyska, Sigistaan Dabacsan oo Cawin leh, Kabaha la isku xidho

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B001F5PHNY Ezy Dose \$2.98

EZY DOSE Todobaadle (7-maalin) Kiis kaniini ah, Qorsheeyaha Daawada, Qabanqaabiyaha Fitamiinka, Qaybo Dhexdhexaad ah, Ku Fudud oo Fudud in la Isticmaalo, Midabku wuu Kala duwanaan karaa, BPA-free



B001OK1YUA EZY DOSE \$4.97

EZY DOSE Riix Badhanka (7-Maalmood) Qafiska Kiniinka kujira, Qorsheeyaha Daawada, Isku duwaha Fitamiinka, La isticmaalo 2 Jeer Maalinkii SUBIXII/GALABTII, Qayb ahaan Balllaaran, Uroon Xubnaha, La xidhi karo, Buluug gaduud iyo Buluug ah, BPA Aan lahayn



B000EOZHFO EZY DOSE \$10.57

EZY DOSE Burburiye Kaniin oo leh 3 Qaybood, Wax jaro oo Jajabiyo, Isticmaalka Maalinlaha, Nadaamka kaniiniyada si badbaado leh loo gooyo, Fitamiino, Kiniinyo, Loo jari Karo si Sax ah oo Sahlan, Toori yar oo Wax lagu jaro, Koob Cabbitaan oo meesha laga saari karo, Casaan ah, BPA Aan lahayn



B001G0HIYE EZY DOSE \$5.68

EZY DOSE Burburiye Kaniin oo leh 3 Qaybood, Wax jaro oo Jajabiyo, Isticmaalka Maalinlaha, Nadaamka kaniiniyada si badbaado leh loo gooyo, Fitamiino, Kiniinyo, Loo jari Karo si Sax ah oo Sahlan, Toori yar oo Wax lagu jaro, Koob Cabbitaan oo meesha laga saari karo, Buluug ah, BPA Aan lahayn



B0BFRX46G9 Amazon Basic Care \$5.56

Amazon Basic Care (7-Maalmood) SUBIXII/GALABTII Isku duwaha Kiniinka, Qafiska Fitamiinka, Iyo Sanduuqa Daawada, Qayb Weyn, La isticmaalo 2 Jeer Maalintii, Madoow oo Fur la Furi karo leh



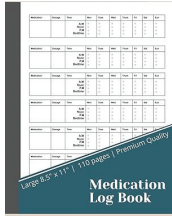
B0BKNSM35Q MEDICINE RX SAFE \$19.62

Medication Sanduuqa Daawada - Qallinka ah

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B08JMCV1XM Etekcity \$22.99
Miisaanka Etekcity ee Miisaanka Jidhka, Miisaanka Dijitalka Musqusha ee Baruurta Jirka, Miisaanka Buuluthka Fiican ee loogu talagalay BMI, iyo Miisaan Luminta, Wareega 13 Xogta leh App-yaalka-ka kale ee Jimicsiga, Madoow, 11x11 Inji



B098VMYBLL Medication Log Book \$9.16
Medication Log Book: 52-Toddobaadkii Qorsheeyahan Maamulka Daawada Shakhsiyeed maalin walba & buugga Diiwaanka dukumintiga



B082319CWJ Lights By Night \$9.99
Lights By Night Mini LED Nalka Haweenka, Geli Sokeetka, Habeenkii Iftiin ku Shidmaha Otomaatiga ah, Iftiin Cadaan ah leh, Si wacan u Shidma, LED Iftiinka Qolka Jiifka, Musqusha, Qolka Xannaanada Caruurta, Barandada, Jikada, 45176, 6 Xirmo



B000GUDGUU Stander \$13.88
Stander CarCaddie, Taageeraha dadka Waaweyn Xagga Cuskashada Gaariga, Dadka Waaweyn, Da'ada ah, Gacanta Badbaadada Leh ee Gaariga oo leh Cuski la Baddeli karo iyo Cuski aan Sibdhasho lahayn, Si Otomaaatigaah u taagan iyo Taageerada Dhadhaqaaqa



B000FZVTPU DMI \$14.77
DMI Kursiga iyo Kursi Barkin ah Kuraasta Xafiiska, Kuraasta curyaamiinta, Mootooyinka, Kuraasta Jikada ama Kuraasta Baabuurta, FSA HSA U qalma, Leh Taageera iyo Dhererka adiga oo Yareeynaaya Walwalka Dhabar Xanuunka, Lafaha dabada ama xanuunka iskiishka



B01KVF4XMO Able Life \$18.79
Able Life Gacanta la Cuskan karo Qalabka caawinta wiishka ee dadka waayeelka ah iyo kuwa naafada ah, bukaanka taageerada taagan ee dadka naafada ah, buluug leh qabashada caagga ah

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.

PRODUCT DIMENSIONS



B01MTKFBHY Able Life \$14.99

Usha Otomaatiga Able Life Auto Cane, Taageerada Gawaarida La Qaadi karo ee loogu talagalay fadhi fudud si aad u istaagto si Fudud,Cuskashada Gaariga dhexdiisa, Aaladda Caawinta Dhaqdhaqaaqa Joogtada ah ee Dadka Waaweyn, Waayeelka, iyo Dadka Da'ada ah, Buluug ah



B004YIFA0Y Able Life \$44.53

Able Life sariirta Waa Cuskad Gees oo Weyn, Cuskad leh Kuus la Qabsado oo Loogu talagalay dadka waaweyn, Waa lala Safri karaa Sidaas ayaa loo Naqshadeeyay Waxaana Isticmaali karaa Boqorada Intooda badan, Boqorada, Sariir weyn, iyo Sariiro Mataano ah



B000GRXHIE Vicks \$14.99

Vicks Speedread V912US Heerbeegga Dijitalka ah - Baakadu way kala duwanaan kartaa



B07S2H3XB9 Omron \$34.97

OMRON Bronze Blood Pressure Monitor, Upper Arm Cuff, Mishiinka Cadaadiska Dhiiga Dijitaalka ah, Dukaamada Ilaa 14 Akhris



B000E8MW28 ADC \$49.85

ADC 6021N Faa'iidada Kormeeraha Cadaadiska Dhiiga Dijitaalka ah ee Tooska ah oo leh Kayd Weel ah, BHS AA Lagu qiimeeyay, Balac ballaaran Garabka Kore ee BP Dadka waaweyn



B00145JJRS Able Life \$90.00

Able Life Caawinta Istaaqa Caalamiga, Kursiga Caawinta Kor u qaadida ee Dadka Waayeelka ah,Gargaarka Taagan ee Dadka Waaweyn, Gargaarka Dhaqdhaqaaqa Nolol Maalmeedka



B07D7R25JV Etekcity \$24.99

Etekcity Miisaanka Wacan ee Miisaanka Jirka, Mashiinka Miisaamidda Musqusha ee Dijitaalka ah Boqolkiiba Dufanka Muruqa BMI da, Falanqeyaha Dadka Halabuurka Saxan, Qalabka Cabbirka Elektarooniga ah ee Buluutoothka, 400lb

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



CAAFIMAADKA DHEEFSHIIDKA



B01MPYDZ13

Alka-Seltzer

\$6.54

Alka-Seltzer Caawinta Laab-jeexa Tamar Dheeraad ah oo Kaniinida Xumbo leh, Daawaynta 4-tiiba-1 qodob oo Ka Soo Kabashada Laab-jeexa, Calool Qaraarka, Gaaska Calool Gubashada, iyo Calool-xanuunka, Dawada Dhexdhaxaadinta Aashatada oo Biyaha ku Milma, 24 xabo



B004PX79FC

Alka-Seltzer

\$10.47

Alka-Seltzer Qumbac Kiniiniyada leh Dhadhanka Asalka ah, Caalamadaha Kala Duwan ee Degdega ah ee Madax xanuunka iyo Jir Xanuunka, Kaniiniyada Qasmi Karo ee kaniinka fitamiin C-ga, 72 Xabo



B06XBJNV36

Nexium

\$19.21

Nexium 24HR ClearMinis Aashatada Yareeyaha Laab-jeexa Reefidinta Ka Soo Kabashada Soo Daaho Sideeynta Kaabsoosha Maalinta Oo Dhan Iyo Habeenka Oo Dhan Kaa Ilaalinayo Laab-Jeexa Marwalba, Esomeprazole Magnesium - 42 Xabo



B0779CJZ9Q

Amazon Basic Care

\$15.72

Amazon Basic Care Esomeprazole Magnesium, 20 mg, Aashata Yareeyaha, Daawada Laab-Jeexa, 42 Xabo



B00006J3G2

Pepcid

\$19.98

Pepcid Aashata Yareeyaha Oo Dhameeytiran + Dawada Dhexdhaxaadinta Laab-jeexa Kaaninyada La Calaalin Karo, Ka Soo Kabashada Laab-Jeexa, Sida Canabka oo kuusan, 50 Xabo (Baakadeeynta Waay Kala Duwanan Kartaa)



B07MJ87WS5

Amazon Basic Care

\$12.59

Amazon Basic Care Laba Ficil oo Dhameeystiran, La Calaalin Karo Aashato Yareeye La Gu Daray Dawada Dhexdhaxaadinta Aashatada Kaniinyada, Dhadhanka Canabka leh, Laab-Jeexa, Ka Soo Kabashada Gaaska Calool Gubashada, 50 Xabo

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B07MBR87NG Amazon Basic Care \$8.99

Amazon Basic Care Kaniiniyada Awooda Asalka ah ee laab-jeexa, 10 mg, Gaaska Yareeya, Daawada Laab-Jeexa, Ka Soo Kabashada gaaska Calool Gubashada, 90 Xabo



B0014D3MGG TUMS \$5.74

TUMS Kiniinnada Caloosha xanuunka oo xoog badan oo dhadhanka miraha kala duwan leh Ka Soo Kabashada, 96 xabo



B07TVCKJ47 Pepcid Complete \$13.01

Pepcid Aashata Yareeyaha Dhameeystiran + Dawada Dhexdhaxaadinta Aashatada La Calaalin Karo, 10 mg ee Laab-jeexa, 800 mg Calcium Carbonate & 165 mg Magnesium Hydroxide Kaniinkiiba, U Calaali Dawada Dhexdhaxaadinta Aashatada Laab-Jeexa, Miraha Kululala, 25 Xabo



B001P5H8HC Pepcid Complete \$19.88

Pepcid Complete Yareeyaha Laab-jeexa+ Dawada Dhexdhaxaadinta Aashatada La Calaalin Karo, 10 mg Famotidine, 800 mg Calcium Carbonate iyo 165 mg Magnesium Hydroxide Kaniinkiiba, U Calaali Dawada Dhexdhaxaadinta Aashatada Laab-Jeexa, Miraha Kululala, 50 Xabo



B0013JIVB2 Gas-X \$12.98

Gas-X Ultra Kapsaladaha Jilicsan ee Xoogga Leh ee Burburinta Gaaska oo leh Simethicone 180 mg oo Ka-hortaga Calool-Bararka - 50 Xabo



B000GCED9G Imodium \$7.99

Imodium A-D Dareeraha Daawada Ka-hortagga Shuban-biyoodka oo leh Loperamide Hydrochloride Si Ay Uga Caawiso Xakamaynta Calaamadaha Shuban-biyoodka Oo Ay Sababatay Shuban-Ba'an, Firfircoon & Shubanka dareera, Dhadhanka Ninaca, 4 fl. oz

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B01HI7W5T6

Imodium

\$9.20

Imodium A-D Daawada Ka-hortagga Shuban-biyoodka, 2 mg ee Loperamide Hydrochloride, 12 Xabo.



B01EKJ941C

Mylanta

\$7.98

Mylanta Dawada Dhexdhaxadinta Aashatada iyo Gaaska Ka soo Kabashada, Fuumalaha Awooda Oogu Badan, Dhadhan Tayo Sare Leh, 12 Wadiiqad Darere



B00081Q6KE

Pepto Bismol

\$4.98

Pepto Bismol Dareeraha Labalabada, Laab-Jeexa, Caloola Gubashada, Calool Xanuunka, iyo Shuban-biyoodka - Ka Hortaga 5 ta Astaamo, Dhadhan Asal ah, 8 oz



B000Q3H8UQ

Pepto Bismol

\$7.14

Pepto Bismol Ultra, 8 Wadiiqad Darere



B001GCU1GY

Pepto Bismol

\$23.07

Pepto Bismol Kaniiniyada Labalabada, Laab-Jeexa, Caloola Gubashada, Calool Xanuunka, iyo Shuban-biyoodka - Ka Hortaga 5 ta Astaamo Ka Hortaga Degdega oo Sida oogu Macquulsan Waliba, 40 Xabo x 3 (120 Xabo Wadar Ahaan)



BOB9QLDSDP

Pepto Bismol

\$14.38

Pepto Bismol Ultra Kaniiniyada Labalabada, Laab-Jeexa, Caloola Gubashada, Calool Xanuunka, iyo Shuban-biyoodka - Ka Hortaga 5 ta Astaamo Ka Hortaga Degdega, 24 Xabo x 2, 48 Wadar Ahaan



B000063XTO

Dulcolax

\$13.39

Dulcolax Kiniiniyada Colola Xirinka La Saadalin Karo & Caawinta Calool-istaagga ee Waxtarka leh, Waxay Kaa Caafisaa Cadaadiska & Calool-Bararka, Calool-istaagga 5 mg, 100 Xabo

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B088LF79CN MiraLAX \$17.97
 MiraLAX Calool-istaagga Dabacsan Ka Hortaga Boodada Laxative oo Lasocoto Waxa Lagu Walaaqo, Saxaro Jilciye oo leh PEG 3350, Wax saamayn ah oo xun ma leh, kaniinka Caloola-istaagga, 1 Dhakhtar & DHAKTARKA HAWEENKA iyo Umulinta Ayaa Lagula Talinayaa, 14 Qiyaas



B074F2FSX5 Amazon Basic Care \$18.99
 Amazon Basic Care ClearLax Polyethylene Glycol 3350 budada Lagu Milo Biyo Ka Hor Isticmaalka, kaniinka caloola-istaagga, Waxay Yaraysaa Calool Istaagga Marmar, Aan Dhadhan Lahayn, 1.68 rodol (1 Xirmo)



B0072DDMVM Dramamine \$10.60
 Dramamine Asalka ah, Daawo Ka-hortagga Lalabada Safarka, 36 Xabo



B00CX3ASFE Benefiber \$22.98
 Benefiber Maalin kasta Budada caloosha socodsiisa ee Caafimaadka Dheefshiidka, Aan Dhadhan-lahayn- 125 U Adeegid (17.6 Wadiiqadood)



B001FOQZBC Citrucel \$21.49
 Cuntada Qolofa leh Budada Aan Lahayn Sonkorta ee Citrucel oo loogu Talagalay Nasinta Calool-istaagga Mar-mar, Budada caloosha socodsiisa, Dhadhanka Liinta - 16.9 Wadiiqadood



B00131H9G Metamucil \$23.98
 Metamucil 4 tiiba 1 Budada Dheellitirka Maalinlaha ee Qolofa, Budada Qolofa ee Caafimaadka Dheefshiidka iyo Joogtaynta, Aan Sonkor lahayn, Liin, Qolofa Dabiiciga ah ee Caloosha socodsiisa, 114 Qaadoyiin



B09TQ78Q5C VitaFusion \$19.08
 VitaFusion Fiber Well + kaniinka dheef-shiidka ee looga talagalay Dadka Waaweyn, 60 Xabo

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B07GPGQJR4 Amazon Basics \$10.20
 Amazon Basics (Markii Hore Solimo) Qolofta 4g ee Dheef-shiidka - Caafimaadka Dheefshiidka, Tagerida Joogteynta, Liin Macaanta, Liin Dhananta iyo Canabka, 90 ee kaniinka dheef-shiidka (2 Halkii Adeegba)



B0009RF9KK Lactaid \$15.37
 Lactaid ee Waxqabadka Degdeg Kaniinka saxarada socodsiya ee La Calali Karo oo leh Ensaamyada socodsiya dheef-shiidka, Dhadhanka Vanilla, 60 Xabo (1 Xirmo)



B000052XB5 Lactaid \$15.54
 Lactaid Awooda Asalka Lactose Intolerance Kaniiniyada Ka-hortaa oo Leh Ensaamyada socodsiya dheef-shiidka oo Dhabeeci ah, Kabista Cuntada ee Caawiya Ka Hortagga Gaaska, Calool-bararka & Shuban-biyoodka Ka Dhalata Xasaasiyadda Dheefshiidka, 120 Xabo



DARYEELKA IYASHA IYO DHAGTA



B00ANL4Z4I Debrox \$5.98
 Debrox Ka Soo Saarida Dhugayda Dhagta Dhibcaha, Dhugaay Ka Soo Saraha Dhagta ee kaniinka daaweya dhawaca dhegta, 0.5 Fl Oz



B07TXGMJP7 Similasan \$12.45
 Similasan Searinse Buufinta Dhagta ee Nadifinta iyo Dhugaayda Dhagta, 3.3 Fl Oz



B07SHJGM6Q Ocuvite \$16.99
 Ocuvite Bausch + Lomb Qaabka Waxqabadka Indhaha Kaabsoosha Jilicsan, 30 Xabo

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B07SXTZVRN PreserVision® \$33.65
 PreserVision® AREDS 2 Formula 2 + FitimiinaBadan Fitimiin & Dhelitirka Macdanta, 80 Xabo oo Kabsoosha-jilicsan ah



B00DJUK8HS PreserVision \$31.24
 PreserVision AREDS 2 Fitimiinka Isha & Delitirka Macdanta, Waxa Ku Jira Kaniinka wareega isha lugu daaweeyo, Fitimiin C, Kaniinka araga kordhiya, Zinkaha iyo Fitimiin E, 120 Kareemka jilcisida (Baakadku Way Kala Duwanaan Kartaa)



B074V8R6NL Lipo Flavonoid \$20.08
 Lipo Flavonoid Maalinta Habeenka, Ka-hortaga Kaniinka Dhegaha ee Dhawaaqa Dhagaha, kaniinka wareega dhegta wax lajira iyo Daawada dhegaha Habeenki, oo leh hurdo iyo Fitimiin C, 90 Kaabsool



B00FQR81XU Systane \$13.99
 Systane Daboolka lugu tirtiro, 30 Xabo



B07QWYHK55 Visine \$12.83
 Visine Goojada Indhaha ee Xasaasiyadda Ka-hortagga Xasaasiyadda & Dheecaanka Casaanka leh Pheniramine Maleate & Naphazoline HCl Daawaynta Isha Casaanka ah, Cuncunka, iyo Xasaasiyadda Indhaha, 0.5 fl. oz



B0010L8FQ4 Bausch & Lomb \$12.84
 Bausch & Lomb Dhibcaha Indhaha Gargaarka Indhaha ee Sare, ee Indhaha Qalalan iyo Ka-hortaga Casaanka, 30 mL



B08F13V8NR Refresh \$14.26
 Dhibcaha Saliideeynta Indhaha ee Refresh Dijitaalka ah, 0.33 Fl Oz (1 Xirmo)

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B000052XFC Refresh Plus \$21.38

Refresh Plus Saliideynta Dhibcaha Isha, Aan Laheeyn Keeyd, 0.01 Fl Oz Shoodooyiinka Hal Mar Isticmaalka ah, 50 Xabo, Baakadeeynta Way Kala Duwanaan Kartaa



B00B6A6VFQ Refresh \$18.09

Refresh Optive Goojada Hormarsan ee Isha, 0.33 Fl Oz (Xirmo Mataane ah)



B00WJZAOS2 Soothe \$9.58

Soothe Cadarka indhaha habeenkii ee Boomatada cuncunka idhaha, Saliideynta Indhaha Qalalan, 3.5 g



B018GXS7WK Refresh \$14.79

DHIBCAHA GEL ee Refresh Optive, Geelka Saliideynta Isha oo ah Ilinta la Kaydiyay, 0.33 fl oz (10 mL)



B00CBXQ1XO Systane \$13.29

Systane Geelka Saliideynta Isha, Habeenki, 0.35-Wadiiqadood (Baakadku Way Kala Duwanaan Kartaa)



BOBW2BXNFQ Biotrue \$18.99

Biotrue Kobcinta Qooyanka Goojada Indhaha ee Xanaaqsan, Indhaha Qalalan ee Dhalooyinka Boomatada, Qoyaanka Degdega ah, Ilaalinta Bilaashka ah, pH dheeli tiran, Dabiici ahaan u Waxyoonaay, Xirmada 30 Dhalo



B003H03SDQ Biotrue \$20.49

Biotrue Xalka Muraayada Xiriirka, Xalka Ujeedo Badan Loogu talagalay Muraayadaha Xiriirka Jilicsan, Keeska Muraayada Lagu Daray, 10 FL OZ (2 Xirmo ah)

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B0ONMPN1JC TheraTears \$13.47

TheraTears Dhibcaha Isha loogu talagalay Indhaha Qalalan, Daawaynta Saliideeynta Dhibcaha Indhaha Qalalan, Waxay Bixisaa Gargaar Waara, 30 mL, 1 Fl oz Baaxada Qiimaha



B004DGKHZU Visine \$16.64

Visine Tired Dhibcaha Indhaha ee Ka-hortagga Qaleelka Indhaha, Dhibcaha Qoyaanka iyo Nasashada ee Indhaha Xanaaqsan ka dhashay Isticmaalka Mashiinnada & Kombiyuutarada, 0.5 fl. oz



CAAFIMAADKA HAWEENKA



B079Y85CGF URISTAT \$8.83

URISTAT Ultra UTI Relief Pak, Daaweynta UTI ee Haweenka iyo Ragga, 1 Xariijim UTI Tijaabo ah iyo 12 Kabalad Daaweynta UTI, 1 Baakad.



BOCWZZWWF Centrum \$19.98

Centrum Maskax nadiif ah iyo niyadda xasiloon Kiniiniyada Taageerada Caada Joogsiga, oo Daraasad Caafimaad lasameeyey enXtra, 30 Xabo



BOCWS29XW1 Centrum \$19.99

Centrum Nasashada Hurdada Caada Joogsiga Kiniiniyada Taageerada, Daraasad Caafimaadee DailyZz iyo geniVida, 28 Xabo



BOCBP8GX5V Hyland's \$25.98

Hyland's Rock On Caada Joogsiga + Fitimiinta Badan Maqaarka Dhalinyarada ah oo loogu talagalay Haweenka Taageerada Difaaca - 60 Kaabsoolahaa - Caawinta Caada Joogsiga ee Haweenka leh Fitimiin, Koolajiinta, iyo Cagaaranka Cas

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B011TU8LFA **Monistat** **\$17.49**
 Monistat 3 da-Maalin Daaweynta Caabuqa Khamiirka



B000GCIAHM **Monistat** **\$12.86**
 Monistat 7 da Maalin Daaweynta Caabuqa Khamiirka loogu talagalay Haweenka, 7 Marsashada Kareemka Xubinta Taranka dumarka ee La Tuuri karo La Marsadaha, 1 Xirmo



B076SJCTV8 **Monistat** **\$9.29**
 Monistat Caawinta Cuncunka Degdega ah ee loogu Buufiyo Haweenka, Daryeelka Awooda Ogu Badan ee Cuncunka Haweenka, 2 oz



B09Q9X63YY **ONE A DAY** **\$10.98**
 ONE A DAY Badan+ Timo, Haragga & Cidiyaha, Fitimiin Badan + Kobcinta Taageerada Timaha Caafimaadka Qaba, Maqaarka & Cidiyaha leh Fitimiin iyo Fiitamiinada A, C, E & Zinkaha, Daawada Caabuqa 120 Tirada (2 Bilood Siismo)



B000JOFX2S **vitafusion** **\$16.55**
 vitafusion Awood Dheerad Fitimiinada Caabuqa, Dhadhanka leh Canabka, 5,000 mcg Biotin Fitiminada, Lambarka Mareenkanka 1 Fitiminada Summada Daawada caabuqa, 50 Maalinta La siinaayo, 100 Xabo (Baakadeeynta Waa Kala Duwanaan Kartaa)



GARGAARKA DEGDEGGA AH



B00CYBXH7G **Be Smart** **\$8.34**
 Be Smart Get Prepared 110 pc First Aid Kit: Nadiifi, Daawee, Ilaali Goynta Yaryar Guriga, Xafiiska, Baabuurka, Dugsiga, Ganacsiga, Safarka, Gurmada, Dibad-baxa, Kaamamka iyo Ciyaraha, FSA/ HSA (Baakidhku way kala duwanaan kartaa)

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B00006IDL6 BAND-AID \$8.47

Band-Aid Sumada Xirmooyinka Dhawaca ee U Dhiganta Dhawaca iyo Gargaarka Degdegga, Dhammaan Hal Cabbir, 100 Xabo.



B001AJS1AQ BAND-AID \$13.20

Band-Aid Xirmooyinka Qoyska ee Band-aid Adag, Sheer iyo Waadax ah, Lagu Taageeray oo Fudud oo Hal Qof Qufan, loogu talagalay Daryeelka Dhawaca ee Caafimaadka Koowaad ee Ciddiyaha Yar iyo Tallaabada, Cabirka Kala Duwan, 280 Qaybood



B01BT3U6DW Nexcare \$11.86

Nexcare Faashaada Biyo Xidhan, Ku Haysta Barkadda, Qaboojiya 12 Saacadood, Faashadaha Hufan ee Farta iyo Jilibka - 100 Baakidh oo Faashadaha Biyo Xidhan



B0100VEVDG Nexcare \$3.99

Nexcare Cajalad Cad oo Dabacsan, Sharooto Daahsoon oo aan Biyuhu Lahayn, Waxay Ilaalisaa Lebbiska iyo Tuubooyinka Tuubada - 1 In x 10 Yds, 1 Duub oo Cajalad



B00HA8SOSK Nexcare \$29.79

Nexcare Xasaasiyadda Maqaarka Cajaladda Dhaawaca Hoose, 4 tirin



B000GCKCCS Domeboro \$13.77

Domeboro Dawo lagu daray Qubayska Xanuun Baabi'iyaa (Xalka Burow), 12 Xabo (1 Xirmo ah) - Baakadeyntu Way kala Duwanaan Kartaa

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B00AHZ2Y0M Curad \$6.99
Curad Pro-Gauze Suufka Nadiifka ah, 4" x, 4", 25 Xabo
(Baakadeynta Way Kala Duwanaan Kartaa)



B00DUGPW40 Q-tips \$7.72
Q-tips Suufka Dhuuqa, 500 Xabo (2 Xirmo)



B00LITXQY4 Band-Aid \$6.43
Band-Aid Nooca Alaabooyinka Gargaarka Degdegga ah ee Dabacsan ee Faashad duuban ee loogu talagalay Daryeelka Dhaawaca Yar, Maro Jilicsan iyo Nuugista Degdegga ah, 3 Inj oo 2.1 Taako, Xidhmada Qiimaha 5 xabo



B09497R2CN Amazon Basics \$3.32
Amazon Basics Suufka Kubadaha, 200 Xabo (Marki Hore Solimo)



B009UKXMLA Dynarex \$7.28
Dynarex Xirmooyinka Suufka Diyaarinta ee Povidone-Iodine, oo Dhexyaal leh 10% aydiinta, Xaashiyo Nadiifin Caafimaad oo Lagu Adeegsado Kahor Hawlgalada Yar, Dhexdhexaad, 1 Xirmo oo ka Kooban 100 Suufafka Diyaarinta



B001ECQ4L2 Vaseline \$14.97
Vaseline Saliidda Batroolka Asalka ah ee Jirka Qoysa, Waxay Ka Hortagtaa Maqaar Qallalan, Waxayna Ilaalisaa Ciddiyaha Yar, Waxaa Lagu Taliyey Takhaatiirta Maqaarka, Waxayna Xajisaa Qoyaanka, 13 Wadiiqadood (3 Xirmo)

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B00169T23U Benadryl \$5.01

Benadryl kareemka Asalka ah ee Ka-hortagga Cuncunka, Waxay Daawaysaa Cuncunka Qaniinyada Cayayaanka, Diphenhydramine HCl Daawo Daaweeye Maqaarka iyo Zinc Acetate maqaarka oo Ilaaliya Maqaarka, Ku Habboon Alaabta Loogu Talo Galay Difaaca, 1 oz



B0CK525MBQ Neosporin \$16.56

Neosporin + Lidocaine Cadarka Antibiyootiga Gargaarka Degdegga, Xakamaynta Xanuunka Mawduuca ah ee Degdega ah, 24-Saacadood Kahortagga Caabuqa Kabuubiya Xanuunka, Kaniinka infekshinka maqaarka jeexmay, Ximo Mataane ah, 2 x 0.5 oz



B0779CBH6S Amazon Basic Care \$5.50

Amazon Basic Care Hydrocortisone 1% Kareemka Ka Hortaga Cuncunka, Cad, 2 Wadiiqadood (1 Xirmo ah)



B00164IUI Neosporin \$4.87

Neosporin Saliidda Antibiyootiga Asalka ah, Kahortagga Caabuqa 24-Saac ee Dhaawaca Yar, .5 oz



B000NQ10FK Neosporin \$9.88

Neosporin + Cadaadiska Ka Hortaga Xanuunka ee ugu badan-Awoodda ugu badan Lagu talagalay Daawada infekshinka maqaarka jeexmay, 1 oz



BOBW9RS6RY Germ-x \$12.51

Germ-x Nadiifiyaha Gacmaha ee Hormarsan, Alaabta Dugsiga iyo Kulliyadda, Jeel Qoyaan oo Cad, Nadiifiye Degdeg ah oo Aan Loo Baahnayn In La Dhaqo, Cabbirka Yar ee Safarka, 2 Fl Oz (Xirmo 6 ah)

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B09HHBYQXY Amazon Basics \$3.19

Amazon Basics Saliidda Batroolka Cad ee Ilaalinta Maqaarka, Aan Ur Lahayn, 3.75 Wadiiqad, 1-Xirmo (Hore loogu yaqaanay Solimo)



B09HHBSJNK Amazon Basics \$2.60

Amazon Basics Daawada Nadiifinta Caafimaadka ee Gargaarka Degdegga ah, Xalka 10% ay tahay Povidone Iodine Solution, 4 Wadiiqadood Dareere ah, 1-Xirmo (Hore loogu yaqaanay Solimo).



B07NFSFBXQ Amazon Basics \$6.99

Amazon Basics 99% Isopropyl Alcohol Gurmada Degdegga ah ee Isticmaalka Farsamada, 16 Wadiiqadood Dareere ah, 1-Xirmo (Hore loogu yaqaanay Solimo).



B07NFTZ522 Amazon Basics \$10.03

Amazon Basics 91% Isopropyl Alcohol Gargaarka Degdegga ah ee Nadiifinta Caafimaadka, Aan Ur Lahayn, 32 Fl Oz Dareere Ah (1 Xirmo) (Hore loogu yaqaanay Solimo)



B009NUFS28 Medique \$3.71

Medi-First 19818 Dhaqida Isha, Masixida Isha and Ilaalinta, Qalabka Gargaarka Degdegga, 4 Wadiiqadood



BOBDSZNNSH Resinol \$9.98

Resinol Saliid Dawo Ah Oo Loogu Talagalay Nasinta Iyo Ilaalinta Cuncunka Ee finanka maqaarka iyo xanaaqa, 1.75 Tuubada Wadiiqada



B07NJPSDL7 Amazon Basics \$5.02

Amazon Basics Cusbada Epsom ee lagu qooyo, udgoonka geeka quraca leh, 3 rodol. (Xidhmada 1) (Hore Solimo)

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B07VBZ9384 Amazon Basics \$4.90
 Amazon Basics Hydrogen Peroxide iskudarka la marsado USP, 16 Fl Oz (1 Xirmo ah), (Hore loogu yaqaanay Solimo)



B014EVXZ9S Purell \$23.29
 Purell Xaashiyaha Nadaafadda Gacmaha, Qaaciddada Khamriga, Aan Carfeen, 300 Xabo oo Gacmaha Si Qaas ah loogu Xiray - 9020-06-EC



B07NJQ9RRG Amazon Basics \$5.02
 Amazon Basics Caawimaadda lagu liqo cusbada Epsomka, oo udgoonkeedu yahay Carafta Geedka, 3 wareeg 1 Xirmo (Hore loo Yaqaanay Solimo)

 **DARYEELKA CAGAHA**



B08W6PR1RJ Dr. Scholl's \$8.99
 Dr. Scholl's Clear Away Daawada CAABUGA CAGAHA ee Ka Saarta // 1/3 fl oz, Si Caafimaad ahaan la xaqiijiyay, Si Dhakhso ah u Shaqeeya, Awooda ugu Badan ee wareega cagaha ama lugaha, Ammaan ah carruurta 4+, 20 Daaweyn



BOC8P9BGJL Dr. Scholl's \$12.34
 Dr. Scholl's Ka Saarida CAABUGA CAGAHA JEELKA BIYAHA Xidhmo 12 Discs 10 Qaboojiye, Ka Hortag Degdeg ah oo Xanuun Raaxo Leh, Aad u Fidsan, Awoodda ugu Badan, 12 Daaweyn



B016I2J81K Dr. Scholl's \$7.99
 Wareega faashada ee Dr. Scholl's oo leh Tignoolajiyada Jeelka Biyaha, 6 xabo // Faashada Ka-hortagga Cadaadiska Kabaha iyo Jajabka Kaas oo si Sahal ah ugu habboon Kabo kasta si degdeg ah iyo Xanuunka Maalinta oo dhan

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B007W9MGLI Dr. Scholl's \$5.99
 Dr. Scholl's Daawada maqaarka cagaaran, 1 duub // Khafiif ah, Faashada Dabacsanaan Kara & Xanuun Kabista - Iska yaree Xajmi kasta - Dhakhtarka ayaa lagu taliyay - 24 DHUDHUMOOD X 4 5/8 Inji



B007ADOL28 Kerasal \$17.00
 Kerasal Cusbooneysiinta Ciddiyaha, Soo Celinta Muuqashada Cidiyaha Midaboobay ama Dhaawacmay, 0.33 fl oz (Baakadeyntu way kala duwanaan kartaa)



B08TQMNSJ6 Kerasal \$19.48
 Kerasal Saloolka Daryeelka Lugaha ee Xooggan ee Soo Kabashada Maqaarka, loogu talagalay Cagaha Xidhan iyo Lugaha Qalaleen 1 oz, 2 Xirmo, (Baakad 2 ah)



B0CQMVHKGJ Dr. Scholl's \$14.99
 Dr. Scholl's Faashada looga talagalay Xanuunnada Dhawaca ee Daabacsan, 8 Xabo // Si Cafimaad ah Loo Tijaabiyay 12-Saacadood ee Xanuunka Maalinlaha ah - Qalabka lugu eegaayo Cagahaaga - oo leh Kabaabiyoiyo Alkool, 8 Daaweynta



B012W8X01S Tinactin \$12.47
 Kareemka ka hortagga fangaska ee Tinactin, Daaweynta Cagaha ee lugu ordo, Tolnaftate 1%, La Xaqiijiyay in uu daawo Wax ku ool u yahay Inta badan Ciyaartoyda Cagta iyo Gooryaanka, 1 Wadiiqad, 30 Garaam, Tuubada



B0039NN800 Lotrimin \$25.97
 Ciyaartoyga Lotrimin Foot Deodorant Budada budada ah ee Kahortaga fangaska, Miconazole Nitrate 2%, Si Kiliinig ah loo Xaqiijiyay Daawaynta Kahortagga Fangaska ee Waxtarka leh ee Badi AF, Cuncunka jirka & Gooryaanka, 4.6 Wadiiqad (Xirmo 3 ah)

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B0197XWKYY A+D \$5.49
 A+D Xafaayadda Asalka ah ee Cadarka Maqaarka, Difaaca Maqaarka Ilmaha ee Suufka maqaarka hoose iyo misaajada maqaarka hoose, Waxay Ka Caawinaysaa Ka-hortagga Dilaaca Maqaarka iyo Finanka Xafaayadda, 1.5 Tuubada Wadiiqada, Baakadku way kala duwanaan kartaa



B011AIF46I Balmex \$10.00
 Cadarka Bogsiinta Ujeedo Badan oo Balmex ah, 3.5 Oz



B000YM2EDO Desitin \$5.98
 Difaaca Maalinlaha ah ee Desitin Kareemka Ilmaha leh Zinc Oxide, looga nafiso oo looga hortago finanka xafaayadda, Kareemka Xasaasiyadda Midabka, Daawada kahortaga xasaasiyadda, 4 Oz



B07B3Y9FY6 Cottonelle \$13.19
 Cottonelle GentlePlus maqaarka la baabin karo Masaxayaal qoyan leh Saliid & Fitamin E, 6 Xirmooyinka Kor ka Laaban, 42 Masixida ee Xidhmada (252 Wadarta masaxidda), Baakadeyntu Way is Bedbedeli Kartaa



B00FZGZH08 Cottonelle \$6.98
 Cottonelle Kaniinka infekshanka maqaarka la baabin karo Masaxayaal Qoyan, Masaxayaal Qoyan oo Dad Waweyn, 1 Baakadeyn oo Dib u Buuxin, 168 Masaxayaal Baakad Kasta, Baakadeyntu Waa aay Is Beddeli kartaa



B087NN5QGM Cottonelle \$34.67
 Daryeelaha Cusub ee Cottonelle ee u Diyaarsan Masaxayaal Qoyan Lana Baabin Karo, 24 Baakad oo Diyaarsan, 14 Masaxyaal Baakad Kasta (336 Masaxayaal Wadarta Guud), Baakadeyntu Waa aay Kala Duwanaan Kartaa

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B01ONE2XPC DUDE \$13.38

Masaxayaasha DUDE - Masaxayaal La Baabin Karo - 6 Xirmo, 288 Masaxayaal - Masixyada Qoyan ee Dadka Waaweyn ee aan Uraynin - Fitamiin-E iyo Saliid - xaalad halis ah oo jidhku si khaldan uga jawaabo infekshanka iyo Nafiye Badbaado



B0C59LXJJC FitRight \$15.29

FitRight Cusub oo Bilaaw ah Lana Baabin Karo & Masaxayaal Nadaafada Shakhsiyadeed oo Dib Loo Isticmaali karo, 48 Tiro, ee Suufka Kaadida Awoodda Xakamaynta urta ee ARM & HAMMER (Xirmo 4 ah)



B0C59P53CX FitRight \$9.88

FitRight Cusub oo Bilaaw ah Lana Baabin Karo (48 Tiro), Masaxayaal Nadaafada Shakhsiyadeed, Baakado si Shaqsiyadeed loogu Duubay Suufka oo leh Awoodda Xakamaynta urta ee ARM & Hammer



B095KF1C4X Amazon Basics \$11.32

Masaxyaasha Dadka Waweyn ee La Baabin karo ee Amazon Basics, Caraf aan Laheyn, 336 Tiro (8 xirmo oo 42 ah) (Heraan ahaa Solimo)



B07C5WHH7G Preparation H \$19.99

Masaxayaasha Preparation H ee Qormateyda oo leh Kareemka maqaarka kaas oo Baabiya Cunucunka Maqaarka - 50 Tiro



B01KCLKH2MW Medline \$8.51

Dawaynta Medline Daawada lagu ilaaliyo maqaarka (4 oz Tuubo), Udgoonka Fanilla, Kareemada Finanka Xafaayadda, Suufka Daryeelka, Ilaalinta qoyaanka, Kareemka maqaarka, Xasaasiyada daran, Dadka Waaweyn, Caruurta

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.

**B078TLM8X3 Medline****\$24.75**

Dawaynta Medline Olivamine Calazime Kareemka Xafaayadda Ilaaliya Maqaarka, Loo Isticmaalay Qalalan Ka Soo Goostay Finanka Xafaayadda, Suufka, Dermatitis, Psoriasis, Gubashada, Qaniinyada, Cadaan, 4 Oz, 3 Tirin

**B09JCQHFQ2 TENA****\$11.79**

Kareemka TENA ProSkin loogu talagalay Maqaarka Jilicsan, Udgoon Aan Laheyn, 3.4 Fl. Oz, 1 Xirmo

**B0BMNC2P5D Triple Paste****\$24.42**

Triple Paste Dadka Waaweyn ee Suufka Daweynta Cuncunka - Dhalada 8 oz - Cadarka xafaayadda ee dadka waaweyn waxay daaweeyaan, dejiyaan oo ka hortagaan cuncun maqaarka oo leh udgoon aan Laheyn, nooca Xasaasiyada daran

**B0BCMVMVHK Always****\$16.99**

Suufka Qarsoon Always ee kaadiheysta waxay soo Daadataa Suufka Maqaarka Xasaasiga ah Nuugista Dhexdhexaadka ah, 57 Tirada (Baakadeyntu Way kala Duwanaan Kartaa)

**B01N15BQDY Always****\$27.96**

Always Bixiya ka Hortagga, Nigisyada Jidhka ee Haweenka, Dhaadheer oo Dheeraad ah, Aan Ur Lahayn, 92 Tiro (Xirmo 4 ah) (Tirada 368) (Baakadeyntu Way kala Duwanaan Kartaa)

**B08QL9B57L One by Poise****\$19.99**

Nigiska Jidhka ee One by Poise (2-ka mid ah-1 Caadada & Gororka Kaadiheysta Jidhka ee Maalinlaha ah), Dheer, Dabool Dheeraadka ah ee Socodka Caadada, Nuugista Aad Fudud ee Daaditaanka Kaadi-haysta, 150 Tiro (3 Xidhmo 50 ah)

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B0154QERNA Poise \$11.96

Nigisyada Maalinlaha ah ee Poise, Suufka Nigisyada, 2 Dhibic Nuugista Aad u Fudud, Dhaa Dheer, 176 Tirada Nigisyada(4 Xidhmo oo min 44 ah), Baakadu Way Kala Duwanaan Kartaa



B09B7W9F9F Amazon Basics \$5.31

Suufka Aadka u Dhuuban ee Amazon Basics, Xakamaynta kaadiheysta & Pads-ka Dhalmada ka dib ee Haweenka, Dhererka Joogtada ah, Nuugista Iftiinka, Aan Ur lahayn, 30 Tiro, 1 Xidhmo, Caddaan (Horaan ahaa Solimo)



B098V8S73L Amazon Basics \$15.38

Suufka Amazon Basics, Xakamaynta Kaadi-haysta & xafaayadadhalmada kadib ee Haweenka, Nuugista ugu badan, Dhererka Dheer, Aan ur lahayn, 78 Tiro (2 Xidhmo oo min 39 ah) (Horaan ahaa Solimo)



B072LY2FT2 TENA \$39.79

Suufka Xafaayada ee TENA, Xakamaynta Kaadiheysta & Dhalmada ka dib ee Haweenka, Nuugista Degdega ah, Daboolka Dheeraadka ah, Xirmooyinka - 90 Tiro



B000MEZQKO Medline \$14.16

Medline FitRight OptiFit Xafaayado looga talagalay in ay xirtaan Dadka Waaweyn, Suufka Xafaayada oo leh Tuubooyin, Nuugista Dhexdhexaadka ah, Yar, 20 ilaa 32", 20 Xabo



B075N94QM3 Medline \$14.84

Medline FitRight OptiFit Xafaayado looga talagalay in ay xirtaan Dadka Waaweyn, Suufka Xafaayada oo leh Tuubooyin, Nuugista Dhexdhexaadkaah, Dhexdhexaad, 32 ilaa 44", 20 Tiro

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B00A8E4XVK Medline \$17.49

Medline FitRight OptiFit Xafaayado looga talagalay in ay xirtaan Dadka Waaweyn, Suufka Xafaayada oo leh Tuubooyin, Nuugista Dhexdhexaadkaah, Weyn, 44 ilaa 56", 20 Tiro



B075N94QVR Medline \$13.45

Khadka Medline FITEXTRALGZ FitRight Xafaayado Ugu haboon Dheeraad ah, 56-64", Cabbirka XL, 20 Tiro (1 Xirmo)



B098V89KCB Amazon Basics \$18.52

Suufka Ilaaliyaha Raga ee Amazon Basics, Nuugista Ugu Badan, 104 Tiro, 2 Xirmo 52, Cadaan (Horaan ahaa Solimo)



B098V7GFHR Amazon Basics \$30.84

Kastuumada Suufka Ragga ee Amazon Basics, Nuugista Ugu Badan, Yar/dhexe, 60 Tiro, 3 Xirmo oo min 20 ah, Caddaan (Horaan ahaa Solimo)



B098V9NKBL Amazon Basics \$32.69

Kastuumada Suufka Ragga ee Amazon Basics, Nuugista Ugu Badan, Weyn, 54 Tiro (3 Xirmo oo 18 ah), Caddaan (Horaan ahaa Solimo)



B098V9TYDW Amazon Basics \$36.33

Kastuumada Suufka Ragga ee Amazon Basics, Nuugista Ugu Badan, Aad u Weyn, Caddaan, 48 Tiro, 3 Xirmo oo 16 ah (Horaan ahaa Solimo)

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B098V81G31 Amazon Basics \$28.99

Cesho La'aanta Amazon Basics & Dharka Hoose ee dhalmada ka dib ee Haweenka, Nuugista ugu Badan, Yar, 72 Tiro, 3 Xirmo oo 24 ah, xafaayad udgoonka leh (Horaan ahaa Solimo)



B098VCLV5Z Amazon Basics \$29.73

Cesho La'aanta Amazon Basics & Dharka Hoose ee dhalmada ka dib ee Haweenka, Nuugista ugu Badan, Dhexdhexaad, 60 Tiro, 3 Xirmo 20, xafaayad udgoonka leh (Horaan ahaa Solimo)



B093WPMHR6 Amazon Basics \$12.35

Amazon Basics Nigisyada Haweenka ee Saxaro-celin iyo Dhalmada Kadib, Nuugid Dheeraad ah, Cabbirka Weyn., Tiro 18, Reexanta (Hore Solimo)



B098V9TYBX Amazon Basics \$28.68

Cesho La'aanta Amazon Basics & Dharka Hoose ee dhalmada ka dib ee Haweenka, Nuugista ugu Badan, Aad u Weyn, 48 Tiro (3 Xirmo oo min 16 ah), Reexanta (Horaan ahaa Solimo)



B098VCLV7G Amazon Basics \$37.37

Cesho La'aanta Amazon Basics & Dharka Hoose ee dhalmada ka dib ee Ragga iyo Haweenka, Nuugista Degdega ah, Yar/ Dhexdhexaad, 64 Tiro (4 Xirmoe 16 ah), Caddaan (Horaan ahaa Solimo)



B098V84HGK Amazon Basics \$37.37

Cesho La'aanta Amazon Basics & Dharka Hoose ee dhalmada ka dib ee Ragga iyo Haweenka, Nuugista Degdega ah, Weyn, 56 Tiro, 4 Xirmo oo 14 ah, Cadaan (Horaan ahaa Solimo)

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B098V8D4B1

Amazon Basics

\$11.68

Cesho La'aanta Amazon Basics & Dharka Hoose ee dhalmada ka dib ee Ragga iyo Haweenka, Nuugista Degdega ah, Aad u Weyn, 12 Tiro, 1 Xirmo, Caddaan (Horaan ahaa Solimo)



B07NC73KZD

Medline

\$9.86

Medline Rugta Cafimaadka Zinc Oxide Saliida Ilaalinta Maqaarka (4 oz Tuubada), Udgoonka Fanilla, Kareemada Finanka Xafaayadda, Suufka Daryeelka, Ilaalinta qoyaanka, Kareemka maqaarka, Paraben, Dadka Waaweyn, Caruurta



BOCP89HY38

A+D

\$39.98

Cadarka xafaayadda Asalka ah ee A+D - Waxay ka hortagtaa oo ay ilaalisaa Finanka Xafaayadda - Difaaca Maqaarka ee Qoyaanka leh Fiitamiino A & D - Saliidda Maqaarka ee Bogsiinta Maqaarka qalleelka iyo dillaacsan - 16 oz - 2 Xirmo



DARYEELKA AFKA



B01MG58SPC

GUM

\$5.49

Buraashka Ilkaha ee GUM - Buraashka Ilkaha ee Adag ee Labada Madax leh ee Ilkaha & Haysasha Meesha laga qabsado cadayga - Dhakhtarka Ilkaha waxa uu ku Taliyay Nadiifiyaha Ilkaha (1 Xirmo)



B0045IZ9Z4

Orabrush

\$14.49

Carab Hoolaha Orabrush, Badan, 4 Tiro

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B002ECXUZO Sea Bond \$8.61
Dammaanadda Sea Bond Ilaaliyaha Ilkaha Xabagta, Asalka Hoose, Zinkaha aan Laheyn, Haymada Maalinta oo dhan, Wasaq-La'aan, 30 Tiro (1 Xirmo)



B002ECW9B0 Sea-Bond \$7.49
Dammaanadda Sea Bond Ilaaliyaha Ilkaha Xabagta, Asalka Sare, Zinkaha aan Laheyn, Haymada Maalinta oo dhan, Wasaq-La'aan, 30 Tiro (1 Xirmo)



B01498R95W Efferdent \$8.69
Kiniinada Nadiifinta ee Efferdent, Kiniiniyada Nadiifiye Ilkaha ee Alaabta Ilkaha, Nadiifinta Dhamaystiran, 126 Kiniin



B07FLBBWJR Oral-B \$7.99
Oral-B Daawada looga talagalaay in llaha laga saaro wasaqa iyo Raxaada caafimaadka ilkaha



B010B9124W Plackers \$9.68
Waxay kaa caawinaysaa inaad ka saarto cuntooyinka ku xayiran ilkaha dhexdooda, 75 Xirmo (4 Xirmo ka mid ah)



B08N7GMGML Amazon Basics \$28.49
Ku Nadiifinta Ilkaha Biyo aan Laheyn Wasaq HydroClean ee Amazon Basics, 1 Gacan, 2 Talooyin Nadiifiye, 2 baytariyada AA ayaa Ku Jiro



B08QWYMKFK Amazon Basics \$5.04
Amazon Basics Wareeg Cadayga, Jilicsan, Buuxa, 4 Xabo, Midabo kala Duwan (Heraan loogu yaqaanay Solimo)

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B00CC6XSSQ Colgate \$3.32

Buraashka Cadayga ee Nadiifka ah ee Dheeraadka ah ee Colgate, Burushka Cadayga Jilicsan ee Dadka Waaweyn Waaay kala Duwanaan Karaan, 6 Tiro



B09LD7WRVS Philips \$39.99

Philips Sonicare 4100 Buraashka Ilkaha Korontada, Burushka Cadayga Korontada ee Dib loo Dallaci Karo, Madow



BOB9FXDMXB Colgate \$7.49

Wadarta Duubka Colgate ee Udgoonka Cusub ee Xumaadka Daawada Ilkaha Mint,1 Xirmo, 3.0 Oz Tuubo



B0788C493C Parodontax \$18.72

Daawada Ilkaha Cadaysa si ay u Caawiso Dhiiga Ciridka ee Parodontax, Daawada Cadayga ee Caafimaadka Ciridka, 3.4 Oz x 3



B07C1ZWH94 Sensodyne \$11.82

Sensodyne Dhamaystiran Ilaalinta Daawada Ilko Xasaasi ah ee Ciridka, Daawaynta Ilko Xasaasi ah, Cusub oo Dheeraad ah - 3.4 Wadiiqooyin (2 Xirmo ka mid ah)



B005PLQIQ4 Crest \$7.49

Crest + Scope Daawada Ilkaha Cadaysa oo Dhamaystiran - Xidhmo 3 ah, 5.4 Oz Tubooyin - Daawada ilkaha ee ka-hortagta duleelka ilkaha - Neefta cusub, waxay dishaa jeermiska - Ilaalinta Tartar, Ilaalinta dhaldhalaalka - Dhadhan Cusub oo Reexaanta ah

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B088LBWDH1 Betadine \$8.47
 Betadine Gargaarida Daawada Jeermiska Dila, Povidone-Iodine 0.5%, Daaweynta iyo Baabinta Calaamadaha Xanuunka Cunaha, waxay si ku meel Gaadh ah u Yaraynaysaa Jeermiska sida Caadiga ah Afka laga helo, Dhadhanka Reexaanta, 8 FL OZ



B002KAOAZ4 biotène \$10.98
 biotène Luqluqashada Afka ee Afka Qallalan, Neefta Cusub iyo Daaweynta Afka Qallalan, Mint Cusub - 33.8 fl oz



B08RNF46MZ DenTek \$12.32
 Baabiyaha Boogta ee DenTek Canker waxay Yaraynaysaa Xanuunka Kanaalka, 6 Tiro (1 Xirmo ka mid ah)



B0794PSPL3 TheraBreath \$5.99
 Afka qallalan ee TheraBreath Kaaramelada Daawada oo leh ZINC, Reexaanta Canabka, 24 Kaaramelada Daawada



XANUUN JOOJINTA IYO MAARAYNTA



B0875P8B7G Advil \$21.08
 Xanuun Baabiyaha Dareeraha Advil iyo Qandho Jabiyaha, Dawada Xanuunka ee Dadka Waaweyn ah ee leh Ibuprofen 200mg ee Xanuun Baabinta - 50x2 Kaabsoosha Dareeraha ah



B074F18H5P Amazon Basic Care \$4.79
 Kiniinnada Ibuprofen ee Amazon Basic Care, Yaraynta Qandhada iyo Xanuunka Baabinta Xanuunka jidhka, Madax Xanuunka, Xanuunka kala goysyada iyo in ka Badan, Bunni, 200 Tiro

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B074F2TF6J Amazon Basic Care \$9.99
 Jeelka Dareeraha Ibuprofen 200 mg ee Amazon Basic Care, Kaabsoosha Dareere ka Buuxiyay Xanuun Baabi'iye/Qandho Jabiyee, ee Madax Xanuunka, Ilko Xanuunka, Dhabar Xanuunka, Xanuunka caadada iyo in ka Badan, 160 Tiro



B0964NYMG4 Aleve \$20.90
 Xanuun Baabiyaha Madaxa ee Aleve & Kiniinnada Qandho Jabiyaha, Naproxen Sodium, loogu talagalay Baabinta Madax Xanuunka, Daawada Xanuunka ee loogu Talagalay Dadka Waaweyn, Kaniiniyada Caawinta Xanuunka Madax Xanuunka, 175 Tiro



B074F2FSX4 Amazon Basic Care \$11.99
 Kaniinka Naproxen Sodium 220 mg ee Amazon Basic Care, Xanuun baabiye/Xummad yareeyaha (NSAID), Xanuunka Murqaha, Dhabar-xanuun, Madax-xanuun, Ilka Xanuunka, Xanuunka Xubnaha Yar iyo in ka Badan, 300 Tiro



B07QZ984TV Amazon Basic Care \$16.56
 Xanuun Baabiyaha PM ee Habeenkii oo dhan ee Amazon Basic Care, Naproxen Sodium, 220 mg/Diphenhydramine Hydrochloride, Kiniinnada 25 mg, Xanuun Baabiyaha/Kaalmada Hurdada Habeenka, 160 Tiro



B001LFFPT4 Bayer \$14.62
 Bayer Aspirin Qiyaas Hoose 81 mg, Kiniinnada Dahaarka Galeen, Dhakhtarka lagu taliyay, Ka-hortagga Labaad ee Cudurrada Wadnaha iyo Xididdada, 300 oo Kiniinno Dahaarka leh oo Badbaadada ah



B00L45KPG4 Bayer \$17.17
 Awood Dheeraad ah ee Bayer 500mg Aspirin Kujiro Qaxwo oo loogu talagalay Nasinta Xanuunka Awooda leh, 200 Kaabsoolaha Dahaaran

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B01341NLE8

Excedrin

\$18.52

Baabinta Xasaasiyada ee Excedrin si loo yareeyo calaamadaha Madax Xanuunka - 200 Tiro



B017P2XGJ2

Excedrin

\$6.84

Xanuun Baabiyaha Excedrin PM iyo Kaabadaha Caawinta Hurdada ee Habeenkii ee Caawinta Madax Xanuunka - 24 Tiro



B0034XS7DC

Motrin IB

\$15.27

Motrin IB, Kaniinada Ibuprofen 200mg, Xanuun Baabiye & Qandho Jabiye Murqo Xanuunka, Madax Xanuun, Dhabar Xanuun, Xanuunka Caadada & Xanuunka Xubnaha, NSAID, 225 Xabo



B08NKJG11F

Nervive

\$16.90

Xanuun Baabiyaha Neerfaha ee Nervive oo leh Alpha Lipoic Acid, si ay uga caawiso Yaraynta Xanuunada Neerfaha, Tabar Darrada, & Raaxo La'aanta Faraha, Gacmaha, Lugaha, & Cagaha, ALA, Fitamiinada B12, B6, & B1, Huruud, Sinjibiil, 30 Kaniiniyada oo Maalinlaha ah



B01HI7WPOU

Tylenol

\$9.99

Awood Dheeraad ah oo Tylenol Acetaminophen ah Siideynta Degdegga ah ee Jeelka, Xanuun Baabinta & Qandho Jabinta, 100 ct



B01EMZC8FI

Tylenol

\$18.19

Tylenol Xoog Dheeraad ah Kabooyinka oo leh 500 mg Acetaminophen, Xanuun Baabi'iye iyo Qandho Yareeya Madax-xanuunka, Dhabar-xanuun, Ilka-xanuun iyo Xanuun Baabi'iye Xanuunka kala goysyada, 225 Tiro

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B074F2H9VT Amazon Basic Care \$4.79

Caawinta Xanuunka Xoogga Dheeraadka ah ee Amazon Basic Care, Kaabsoolaha Acetaminophen, 500 mg, 200 Tiro



B074F2TF79 Amazon Basic Care \$9.59

Caawinta Xanuunka Xoogga Dheeraadka ah ee Amazon Basic Care, Kaabsoolaha Acetaminophen, 500 mg, Xanuun Baabinta/ Qandho Jabinta, 500 Tiro



B01HI7WP6E Tylenol PM \$19.97

Tylenol PM Extra Strength Nighttime Daawada Xanuun Baabi'iyahaiyo Kaabadaha Caawinta Hurdada, 500 mg Acetaminophen & 25 mg Diphenhydramine HCl, Caawinta Xanuunka iyo Xanuunada Habeenkii, Samaynta Caado-La'aanta, 150 ctct



B074F2GP2F Amazon Basic Care \$6.99

Amazon Basic Care Kaabsoolaha Acetaminophen PM, Xanuun Baabiye kujiro Caawinta Hurdada Helida Habeenkii, Awood Dheeraad ah, Waxay Caawinaysaa Xanuunada Fudud ee Marmar, Xanuunada iyo Baabinta Madax Xanuunka, 100 Tiro, Baakadeyntu Way Kala Duwanaan Karaan



B08X99HBH4 AleveX \$14.94

Kareemka Xanuun Baabinta AleveX la marsado jidhka oo leh Codsadaha kubadda koleyga - Xubnaha Raagaya iyo Xanuun Baabinta Murqaha, 2.5 oz



B0815H293N Aspercreme \$9.98

Saliidaha Aasaasiga ah ee Aspercreme Nasinta Xanuunka Lidocaine oo aan Lahayn Duub-ku-daboolan Codsadaha, Awoodda ugu badan ee Lidocaine waxay ka Fogaysaa Xanuunka Dareemaha, Kareemka Aloe waxuu qoyaa Maqaarka, Reexanta, 2.5 Oz.

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B097S6G8JM Tylenol \$12.84

Tylenol ee Carruurta & Dadka Waaweyn Caawinta Xanuunka Dareereaha iyo Daawaynta Qandhada, Afka Ka Qaadasho, Qandho Jabiye, Daawada Dareeraha ee Qoyska loogu talagalay; Reexaanta Canabka, 8 fl. oz.; 1 Xirmo



B01GZQ4AM6 Biofreeze Professional \$10.79

Awooda Xanuun Baabiyaha Biofreeze Professional, Dabcinta Xanuunka Xubnaha, Nasinta Xanuunka Jilibka & Dhabarka Hoose, Nasinta Murqaha Xanuunka, Xanuunka Qoorta, FSA U Qalma, 3 FL OZ Kareem Qaboojiyaha Methanolka iskumaran oo wareegsan



BOCTTLFN9G Advil \$19.19

Kareemka Caawinta Xanuun Baabinta La Beegsaday ee Advil, Ilaa 8 saacadood oo Nasinta Awooda leh ee Xanuunka Xubnaha Yar, Xanuunka Wadajirka ah, Xanuunka Dhabarka Hoose iyo Xanuunka Murqaha - 4 oz



B084HDDQZL Bengay \$9.83

Kareemka Xanuun Baabiyaha Lidocaine ee Bengay, Kareemka Xanuunka ee Aan Dufan lahayn oo leh Kabuubiyo Xanuun Baabi'in ee ugu badan ee 4% Lidocaine HCl, Farxad iyo Dareen Udgoon leh oo geedka Cimilada Kulul, ah, 3 oz



BOC3JFNMZK Tylenol \$11.13

Kareemka Kooban ee Qaboojinta Xanuun Baabi'inta leh, Awooda Ugu Saraysa 4% Lidocaine & 1% Kareemka Methanolka loogu talagalay Xanuunka Wadajirka, Dhaqso u Samaynta, Dulqaadida Kareemka Xanuun Baabinta, Udgoonka Fudud, 4oz

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



BOCRGP9KXS Tylenol \$11.58

Kareemka Xanuunka Diirinta ee saxda ah ee Tylenol, Xoogga ugu badan 4% Lidocaine Kareemka Xanuunka Diirinta Dhabarka, Jilibka & Xanuunka Wadajirka ah, Dhaqdhaqaaqa Degdega ah, Kareemada Nasinta Xanuunka Dhex Gala, Udgoon Fudud Leh, 4 oz



B087R3TFLB GoodSense \$13.99

Jeelka Xanuun Baabinta Xubnaha ee GoodSense, Jeelka Diclofenac Sodium la Marsado Jidhka, 1 Boqolkiiba, 3.53 Wadiiqadood



B08G5SHMY HealthCareAisle \$10.32

Jeelka Diclofenac Gel ee HealthCareAisle, 1%, Xanuunka Xubnaha 100 g tuubo - Awoodda Daawada Asalka ah ee La Qoray (NSAID)



B075MM8KM4 BC Powder \$11.63

BC Budada Xanuun Baabiyaha, Reexaanta Canabka ee Aspirin Xirmada Mila, 24 Tiro Xirmooyinka Budada (2 Xirmo)



B00GGFYZE Icy Hot \$5.99

Icy Hot Asalka Xirmooyinka Caawinta Xanuunka Yaryar (5 Tiro) Gargaarka La Beegsaday ee Awooda leh ee Cududda, Qoorta & Lugta



B01AB4U6PI Salonpas \$10.34

Xidhmooyinka Xanuun Baabinta Solonpas ee Dhabarka, Qoorta, Garabka, Xanuunka Jilibka iyo Xanuunla Muruqa - 8 Saac oo Xanuun Baabi'inta- 60 Tiro

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



BOBN4JMRZM Salonpas

\$12.98

Awooda OTC Salonpas ee ugu badan Lidocaine 4% Xanuun kabiyaaysa FLEX Xabagta Daawada, Codso Ilaa 8 Saacadood, Aan Ur Lahayn, Khafiif ah, Dabacsan, Fudud, Xidhmada Halkaas ayeey Yaleeysaa, 7 Xidhmo



BOBSP3ZF92 Bayer

\$12.99

Xidhmooyinka Xanuun Baab'iyaha Burka ee Degdeg ah oo cusub ee Bayer oo leh Aspirin & Qaxwo, Xanuunka Caawinta Degdega ah ee Dhaqsaha leh, Ka Shaqeeya Goobta Xanuunka si loo Yareeyo Madax Xanuunka, Muruqa iyo Jidh Xanuunka, Reexaanta Canabka Raasberiga, 30 Tiro



B00412QET4 Boil Ease

\$11.13

Saliida Xanuun Baabiyaha ee Boil Ease, 1 Wiiqad



B0753PSVY7 Sunbeam

\$49.72

Sunbeam waa Suufka Kuleyliyaha ee Qoorta & Garabka Caawinta Xanuunka oo si Otomaatig ah loo damiyo, Xulashada Kuleylka Qoyan, 22 x 19, Cadees



B07PPTPWFC Preparation H

\$20.45

Preparation H waa Jeelka Baabsiirka oo Qaboojin leh Aloe si Dhakhso ah u Nasteexeeyo - 1.8 oz Tuubo



B08X7GV8CP AleveX

\$11.88

AleveX Kareem Xanuun Baabinta, Awood leh & Raagista La Bartilmaameedsado Kala-goyska & Xanuun Baabi'inta Murqa, 2.7 oz Tuubo

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B07PNNS3MF Preparation H \$13.99
 Preparation H Kareemka babaasiirta leh Dacarta oo loogu talagalay Caawinta Calaamadaha Badan - 1.8 Oz Tubabda



B07QJZYFSD Amazon Basic Care \$6.49
 Saliidda Baabasiirka ee Amazon Basic Care, Daawaynta Baabasiirka, Xanuunka Baabiinta, Waxay Yaraysaa Gubashada, Cuncunka iyo Cajiska, 2 oz (1 Xirmo ka mid ah)



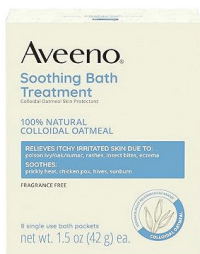
DARYEELKA QORAXDA IYO MAQAARKA



B0000560WW Abreva \$16.65
 Kareemka Tuubada ee Abreva Docosanol 10%, FDA Oggolaatay Daawaynta Xanuunka Qabow/Qandhada, 2 garaamo



B008SQSBJK Aquaphor \$4.49
 Dib u hagaajiyaha Bishimaha ee Aquaphor oo leh muraayad cadceedda, Difaaca Bishimaha, Bishimo Ilaaliye SPF 30, 0.35 Oz Tuubo



B000UEAARO Aveeno \$4.99
 Aveeno Udgoon Laheyn U Roon Daaweynta Qubayska, 100% Saliida Dabiiciga ah ee Daqiiqda Geed-galayda, Qubays Xasaasiya ee Maqaarka si ay uga Nasato maqaarka qalalan, cuncun, arqalaysa maqaarka oo ay ugu wacan tahay canbaar iyo cuncun, Xirmooyinka qubayska, 8 xabo



B000VPPUEA Bio-Oil \$10.06
 Bio-Oil ee Daryeelka Maqaarka, Fitamiin E, Kareemka Boogaha & Dilaaca Jidhka, Wejiga & Jidhka qoyaanka, 2 oz, Dhammaan Noocyada Maqaarka

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



BOOGIHMOW Gold Bond \$9.59
 Kareemka Kahortagga Maqaarka Relief ee Canbaarta Daawadda ee Gold Bond, 8 oz., Iyadoo 2% tahay Daqiiqda Geed-galayda



BOODEXAOLY Eucerin \$12.97
 Kareemka Xanuun Baabinta Cambaarta ee Eucerin, Kareemka Jirka oo Buuxa oo loogu talagalay Maqaarka Canbaarta U Nugul, Kareemka Cambaarta Qoyaanka, Jidh Qooyaha, 8 oz Tuubo



B000XY9LT4 Eucerin \$11.30
 Kareemka Kabida Daran ee Jidhka oo ah Mid aad u Qallalan ee Eucerin, Maqaar Dhayalsan, Udgoon Jidhka Xorta ah oo leh Alpha Hydroxy, 16.9 Fl Oz Dhalo



B0173G3AY6 Coppertone \$8.04
 Coppertone SPORT Sunscreen SPF 50 Lotion, Water Resistant Sunscreen Kareemka Cadceedda ee Jirka, 7 Fl Oz



B09P4DMFBZ Coppertone \$23.72
 Coppertone SPORT Qorraxda SPF 70 Biyo Iska caabbinta Kareemka Qoraxda Kaa Ilaaliya, Difaac Baaxad Weyn, Xidhmo Badan oo Qorraxda, Dhalada 7 Fl Oz, 2 Xirmo ka mid ah



B001P92FMG Neutrogena \$10.68
 Neutrogena Dawada Qoraxda ee Wajiga, Difaaca Qoraxda ee Baaxadda Weyn SPF 70+, Biyaha Iska-ilaalinta Cadceedda ee Wajiga, Saliida Aan laheyn Adkaysiga Dhididka ee Kareemka Cadceedda, 2.5 FL OZ

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B09TB6R8DJ Medline \$12.99
 Kareemka Maqaarka ee Caafimaad Qoyaan-siiyaha Medline Remedy, Aan Ur lahayn (16 fl oz dhalo Pump), Nafaqaynta Maqaarka Qallalan, Paraben & Sulfate Kareem Dhinaceedka Ka Xorta Ah Wajiga iyo Jidhka, Kareemka ee Maqaarka Xasaasiga ah



B09CW3549F O'Keeffe's \$15.03
 Kareemka Daweynta Gacamaha Shaqeeya Habeenka ee O'Keeffe's, 7 oz Tube, (1 Xirmo ka mid ah)



B005IHN52A Aveeno \$13.31
 Caawinta Maqaarka Aveeno Degdega oo Labeen Qoyaan Adag leh oo leh Isku-darka Saddex Geed-galay & Shea Subagga Dabiiciga ah, Difaaca Maqaarka Dimethicone ee Daawaynta ee Cuncunka Maqaarka Xanuun Baabiyaha, Udgoon- Aan Udgoon & Isteroid Laheyn, 7.3 oz



B000YJOMPG OFF! \$6.98
 OFF! Cayayaanka Iska Celiyaha Aerosol ee Gudaha Duurka, Buufinta Cayayaanka oo leh Ilaalin Dheer oo Kaneecada ah, 6 oz



B07GTB86D2 ChapStick \$9.26
 Qoyaanka ChapStick Qaboowga Reexanta Bishimaha Tubooyinka - 0.15 Oz (3 Xirmo ka mid ah)



B0064OPHUE Australian Gold \$7.99
 Australian Gold Dheecaanka Geedka Dacarka oo leh Wadiiqo Waxay Yaraynaysaa Xanuunka Gubashada Qorraxda iyo Maqaarka Cuncunka Kulul, Aloe Barofeejka Buufida Jeelka w/ Lidocaine, 8 Wadiiqadood oo dareere ah

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B07NG52K2X Amazon Basics \$3.59
 Jeelka Qorraxda oo leh Dheecaanka Geedka Dacarka ee Amazon Basics, Lidocaine iyo Methanoolka, 16 Fl Oz (1 Xirmo ka mid ah) (Horaan loogu yaqaanay Solimo)



B09KRH7FGN Selsun Blue \$13.60
 Shaambo qallalan oo caleenta ah oo Selsun Blue ah oo Cuncun Baabi'iso, Foomamka Qooyaanka Dheeraadka ah, Pyrithion Zinc 1%, 21 Oz



B09HHC154L Amazon Basics \$8.32
 Shaambada Cuncunka Baabi'iso ee Amazon Basics, Isticmaalka Maalinlaha ah, Caadi ah Timaha Saliida leh, 33.8 Wadiiqadood dareere ah, 1 Xirmo (Horaan loogu yaqaanay Solimo)



B000CN96FQ Gold Bond \$5.98
 Kareemka Xanuun Baabiyaha Jidhka Qallalan ee Sonkorowga Qaba ee Golden Bond 4.5 oz., Iyada oo Aloe ay Qoyso & Dejiso



B00TLVEDQQ Gold Bond \$11.13
 Gold Bond Kareemka Jirka ee Fayo-qabka Maqaarka engegan ee Dadka Sonkorowga Qaba, 18 oz, oo ay ku jirto Aloe si ay u caawiso nasinta iyo Fuuqcelinta Maqaarka



B07HRG7FYW CeraVe \$10.22
 Kareemka Qaboojiyaha ee CeraVe ee Loogu Talagalay Maqaarka Qallalan ee Sankorowga Qaba



B001IAG7G2 Aquaphor \$6.24
 Daawada Bogsiinta Aquaphor Difaaca Sare ee Maqaarka, Jidhka Qoyaanka ee Maqaarka Qalalan, Gooyn yar iyo Gubasho, Gooyo Qallalan, Cidhib Dildilaacsan, Gacmaha iyo Dibnaha, 0.35 Oz Tuubo, Xirmo 2 ka mid ah

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B006IB5T4W Aquaphor \$17.14

Saliidda Bogsiinta Aquaphor Difaaca Sare ee Maqaarka, Jidhka Qoyaanka ee Maqaarka Qallalan, Gooyn yar iyo Gubasho, Gooyn Qallalan, Cidhib dildilaaca, Gacmaha iyo Dibnaha, Dhalada 14 oz



BOBJQJXCNN Dr. Scholl's \$19.98

Dr. Scholl's Freeze Away CALAAMADA ee Maqaarka, 8 Xabo // Ka Saara Calaamadaha Maqaarka in yar oo ah 1 Daawaynta, Waxaa ansixiyay-FDA, La Xaqiijiyay Caafimaad Ahaan, 8 Daawayn



B083VY5GVN BLUE LIZARD \$12.99

BLUE LIZARD muraayada macdanta Xasaasiga ah oo leh Zinc Oxide, SPF 50+, Biyo iska Caabinta, UVA/UVB Ka Hortaga Leh Tiknoolajiyada Dhalada Cusub - Aan Laheyn Udgoon, 5 oz



B09RKTG2Z3 Aquaphor \$16.21

Ka Kabaha bishimaha leh Ilaalinta Qoraxda ee Aquaphor, Difaaca Bishimaha, Jilcinta Bishimaha qallalan ee jeexjeexan, 0.17 oz Stick, 2 Tiro (2 Xirmo)



B09HHD9X58 Amazon Basics \$8.99

Saliidda Bogsiinta iyo Difaaca Maqaarka ee Qalalan ee Amazon Basics & Maqaarka Dilaacsan, Udgoon Aan Laheyn, 14 Wadiiqadood, 1 Xirmo



B01DCTB9X2 Cortizone \$8.77

Cortizone 10 Kareemka Ka Hortagga Cuncunka ee Cudurka psoriasis 3.4 oz (96g), Awooda Ugu Badan 1% Hydrocortisone

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B09MV4618C Neutrogena \$13.64

Taabashada Qallalan ee Saa'idka ah ee Neutrogena SPF 50 Macdanta Usha Qorraxda oo loogu Talagalay Maqaarka Xasaasiga ah, Wejiga & Jidhka ee Muraayadda Qorraxda oo leh Zinc Oxide & Fitamiin E, Wax Hadhaaga Cad ah, Aan Daloolada Xirin & Aan Xayawaanka Laga Sameyn, 1.5 oz



B00ANL8QHA Neutrogena \$9.09

Difaaca Cadceeda Xeebta ee Neutrogena waxay ku Buufisaa Muraayadda Qorraxda oo leh Arag Ballaaran SPF 70, Degdeg u Nuugaysa Muraayadda Qorraxda Jidhka buufin, Biyaha UVA/UVB Ilaalinta Qorraxda, Oxybenzone Aan Laheyn, 6.5 oz



B005IHT94S Neutrogena \$8.74

Taabashada Qallalan ee Saaidka Eh Biyo adkaysi iyo Kareemka Looshinka Qorraxda ee Aan Dufan lahayn oo leh Arag Ballaaran ee Neutrogena SPF 70, 3 Fl Oz (1 Xirmo)



B07PJV2Y37 Solimo \$5.24

Astaanta Amazon - Solimo Kareemka Ilaalinta Qorraxda ee Isboortiga, SPF 30, La sameeyay iyada oo aan lahayn Octinoxate & Oxybenzone, Spectrum Baaxad Weyn Ilaalada UVA/UVB, aan uraynin, 8 fl oz (1 Xirmo ka mid ah)



B075N8CDGT CeraVe \$13.74

Nadiifiyaha CeraVe ee Daawaynta Psoriasis



B08HP54CVQ Head & Shoulders \$17.57

Head & Shoulders Xirmada Mataanaha Shaambada Sarreysa, Saliida Sare & Xakamaynta Flake, Selenium Sulfide ee Gargaarka Seborrhic Cudurka Maqaarka, Daryeelka Xoogta Dhafka, Liinta Cusbooneysii, 13.5 Oz Midkiiba

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B004Y99BRQ OFF! \$9.58

OFF! Cayayaanka Daryeelka Qoyska & Kaneecada Spritz, Buufinta Cayayaanka oo ka Kooban 7% DEET, Ka hortagta aan Udgoon Lahayn Aloe Vera Waxay ka Ilaalisaa Kaneecada, 9 oz



B08QN72JCY Nizoral \$16.44

Madaxa Nizoral Psoriasis Shaambada & qaboojiyaha, 11 Wadiiqadood



B0BH8KD8GN Nix \$19.99

Xidhmada Daaweynta Injirta iyo Ka Hortagga ee Nix, Shambada Hasha meel ah l ah, 4 fl oz, oo leh Shanlo ka Saarida Injirta iyo Ka-hortagga Injirta Buufin Maalinle ah, 6 fl oz



B09JGSRPZ5 Amazon Basics \$4.94

Amazon Basics Jeelka Ka Hortaga Gubida Qoraxda oo leh Dheecaanka Geedka Dacarka, 8 oz (1 Xirmo) (Heraan loogu yaqaanay Solimo)



HURDADA IYO QUURADA



B0CQDZDZY4 ZzzQuil \$23.51

ZzzQuil, Faashada Sanka ee Hurdada, Faashada Sanka ee Habeenkii oo Nadiif ah, isla Markiiba Sanka u Furaya si ay u Neefsato, Waxay Yaraysaa Cidhiidhiga Sanka ee Khuuradu yar tahay iyo Hurdo Fiican, Daroogo aan Laheyn, aan Ur Lahayn, 52ct



B079HXLZGY Amazon Basic Care \$10.49

Kaniinka Habeenkii Gargaarka Hurdada ee Dadka Waweyn ee Amazon Basics, Doxylamine Succinate 25 mg, 96 Tiro

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B07BBFFTKH Amazon Basics \$7.54
 Amazon Basics Melatonin 5mg, 120 Xabagta (2 Adeegiiba kasta),
 Canabka (Horaan loogu yaqaanay Solimo)



B07PF1SN5B Vitafusion \$13.39
 Xabagta Melatonin Kaabista Awooda ugu Badan ee Vitafusion,
 Reexaanta Canabka, 10 mg kabka Hurdada ee Melatonin,
 Lambarka 1-aad Ugu Jirto Xabagta America, 50 maalmood
 Ageedooda, 100 Tiro



B079TD7HG2 Natrol \$10.98
 Xabagyaasha Natrol 10 mg Melatonin, Taageerada Hurdada
 ee Dadka Waweyn, Kaabayaasha Melatonin ee Hurdada, 90
 Xabagyaasha Reexaanta Canabka leh, 45 Maalmood Adeegooda



B001QFEY5U Unisom \$5.87
 Unisom SleepMelts, Gargaarka Hurdada ee Habeenkii,
 Diphenhydramine HCl, 24 kiniin ah, 25mg



B002CVV1JO Unisom \$13.56
 Unisom SleepTabs, Gargaarka Hurdada ee Habeenkii,
 Doxylamine Succinate, 48 Kiniin



B007MB60CC ZzzQuil \$13.49
 ZzzQuil, LiquiCaps Kaalmada Hurdada ee Habeenkii, 25
 mg Diphenhydramine HCl, No.1 Nooca Caawinta Hurdada,
 Samaynta Caado La'aan, Hurdo u Dhaca, 48 Tiro

*Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha
 la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.*



B007PQSEEG ZzzQuil \$11.11
 ZzzQuil, Dareeraha Caawinta Hurdada ee Habeenkii, 50 mg Diphenhydramine HCl, No. 1 Calaamadda Gargaarka Hurdada, Hurdada Degdegta u Dhaca, Samaynta Caado La'aan, Dhadhanka Canabka Diirin, 6 FL OZ



FITAMIINADA IYO KAABAYAASHA



B002HOKZ9M vitafusion \$10.98
 Vitafusion MultiVites Maaddooyinka Macmacaanka ee Fiitamiinada Badan oo loogu talagalay Dadka Waweyn ee leh 12 Fiitamiino iyo Macdano, Dhadhanka Beriga, Qansaxda, iyo Liinta, Lambarka 1-aad ee Fitamiinka-ka Sumadda Macmacaanka, 75 Maalmood Adeegooda, 150 Tiro



B07JGW2JKF Amazon Basics \$8.39
 Fiitamiinada badan Dadka Waweyn ee Amzon Basics, 150 Xabag, Bixinta 75-Maalmood Adeegooda, Beriga iyo Qaraha isku qasan (Horaan loogu yaqaanay Solimo)



B07JGBW826 Amazon Basics \$14.30
 Fiitamiinada badan Dadka Waweyn ee Ragga & Dumarka, 300 Xabag oo leh fiitamiino A, C, D, E, B-6 iyo B-12, 150 Tiro (Xirmo 2 ah) (Sahayda 150 Maalmood) (Horaan loogu yaqaanay Solimo)



B0007PLPOW 21st Century \$12.15
 Kiniiniyada Sare ee Sentry oo 21st Century, 265 Tiro

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B007L0DONW vitafusion \$10.98
 Fitamiinnada Macamacaanka vitafusion ee Dadka Waweyn ee Ragga, Fitamiinnada badan ee Reexaanta maalinlaha ah ee Berriga ee Ragga leh Fiitamiinada A, C, D, E, B6 iyo B12, Lambarka 1-aad ee Ameerika ugu jira Sumada Macamacaanka Fiitimiinada, 75 maalmood Adeegooda, 150 Tiro



B075DLLC4S Amazon Elements \$19.30
 Amazon Elements ee Ragga Hal Maalinle ah oo Fiitimiinada badan leh, 62% Cunto Dhan oo Dhaqameed, Aan xoolo kujirin, 65 Kiniin, 2 bilood sahay (Baakadeyntu Way Kala Duwanaan Kartaa)



B08FVZ3C19 Centrum Silver \$15.67
 Kaniinada Fiitimiinada badan leh ee Centrum Minis Silver ee loogu Talagalay Dadka Waweyn 50 Plus, Kaabista Macdanta Badan, Fitamiin-ka D3, B-Fitaminyada, Gluten aan Laheyn, Walxaha aan GMO ahayn, Waxay taageertaa Xusuusta iyo Garashada Dadka Waweyn - 320 Xabo



B07RGXZSNJ Amazon Basics \$14.69
 Fiitimiinada badan Haweenka ee Amazon Basics, 300 Xabagta (150 Bixinada) (Horaan loogu yaqaanay Solimo)



B0C2WQN8XX One A Day \$17.37
 One A Day Kaabista Garashada - Kaabista Maskaxda si ay u taageerto Waxqabadka Garashada ee Ragga iyo Haweenka ee qaba Bacopa. Waxa kale oo ku jira Rhodiola, & Basil Quduuska ah, 30 kaabsool



B0019CULMA One A Day \$11.57
 One A Day oo Tamar badan leh Fiitimiin A, C, D, E, Zinc oo loogu talagalay Caafimaadka Difaaca Jirka*, Caffeine, Biotin, B6, B12 & kuwo kale, 50 Kiniin

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B001F1HU3S Nature Made \$15.99
 Fiitamiin B12 laga sameeyay ee Nature Made, 500 mcg, Kaabista Cunto ee Taageerada Dheef-shiidka Kiimikaadka Tamarta, 200 Kiniin ah, 200 Maalmood oo la Keenayo



B00DYSUQR2 Nature Made \$12.00
 Fitamiin B12 ee Nature Made, wuxuu Taageeraa Dheef-shiid Kiimikaadka Tamarta, Kiniiniyada, 1000mcg, 200 Xabo



B003VR5GA8 Superior Source \$12.10
 Superior Source Biotin 1000 mcg. Hoosta Carrabka Degdegta ah ee Kiniiniyada MicroLingual Mila, 100, Waxay Taageertaa Timaha Caafimaadka Qaba, Maqaarka, iyo Korriinka Cidiyaha, waxay Caawisaa inay Taageerto Dheef-shiidka Kiimikaadka Tamarta, non-GMO



B0014D2GEK Nature's Bounty \$9.49
 Nature's Bounty Isku-darka Fiitamiinada B ee Dabiiciga ah oo leh Fiitamiin C & Folic Acid, Difaaca iyo Taageerada Tamarta, 150 kiniin



B071NSJ9YL Emergen-C \$14.99
 Difaaca Emergen-C ee Xabagta, Fitamiin D oo lagu Daray 750 mg Fitamiin C, Caawinta Cunnada Kaabista, Qaxwo aah Laheyn, Gluten aan Laheyn, Reexaanta Wanaagsan Orange - 45 Tiro



B06XBZ XV5 Emergen-C \$11.03
 Emergen-C 750mg Fitamiin C Xabagta loogu Talagalay dadka Waaweyn, Xabagta difaaca ee leh Fiitamiinada B, Gluten-la'aanta, Liin, Liin-dhanaan iyo Reexaanta Jeedka Qaraha, 45 Tiro (1 Xirmo ka mid ah)

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B001TSBSLM Nature's Bounty \$7.21
 Waqtiga Nature's Bounty ah ee la sii daayay Fiitamiin C, Taageerada difaaca, Kaabista Fiitamiin, 500mg, 100 Kaabsool



B07DR71BR2 Revly \$8.99
 Astaanta Amazon - Revly Fiitamiin C, 2500 mg Kolajinka Maadada yaryaradeegiiba, 90 kiniin ah, 1 Bil Ageedeeda



B009E9YK90 Life Extension \$17.89
 Kobcint Lafaha ee Life Extension + Fitamiin K2 Fitamiinyada & Macdanta Waxay Ilaaliyaan Caafimaadka Lafaha & Xoogga - Xoojinta Nafaqooyinka Calcium, D3 & Macdanta Dhisida Lafaha Muhiimka ah - Aan-GMO, Gluten aan Laheyn -120 Kaabsool



B0062VMZBS Caltrate \$22.99
 Qaniinyada Macamacaanka Caltrate 500 mg Kaalshiyam iyo Fiitamiin D Kaabista, Canabka-ga Madow, Canabka, Liin-balbeelmo - 100 Tiro



B004U3Y8NI Nature Made \$12.49
 Fitamiin D3 2000 IU (50 mcg) ee Nature Made, Kaabista Cunto ee Lafaha, Ilkaha, Murqa iyo Difaaca Caafimaadka, 220 Kiniin, 220 Maalmood Adeegooda



B004JO99TG Nature's Bounty \$12.85
 Faytamiinka Nature's Bounty D3 1000 IU Softgels, Taageerada Difaaca Jirka, Waxay Dhiirrigelisaa Lafaha Caafimaadka, 350 Ct

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



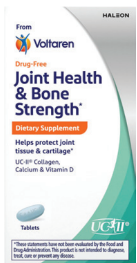
B016BAOR2E Viactiv \$19.42

Viactiv Kaalshiyamka Dheeri ah ee Faytamiin D Kaabista calaanjinta Jilicsan, ee Bunniga ah, Shukulaatada caanaha, 180 Xabo



B006QQR20 Nature's Bounty \$3.99

Nature's Bounty Feero 65mg, 325 mg Ferrous Sulfate , Taageerada Tamarta Gacanta, Waxay Kor U Qaadaa Wax Soo Saarka Unugyada Dhiiga Cas ee Caadiga ah, 100 Kiniin



B0C1KPGNPD Voltaren \$15.88

Voltaren-ta Caafimaadka Isku-xidhka iyo Xoogga Lafa Kaabista Cuntada ah oo ka yimaada Voltaren, oo leh UC-II (R) Kolajin, Kaalshiyam, iyo Fiitamiin D oo loogu talagalay Gabowga Caafimaadka unugyada si wadajirka ah iyo carjawda - 30 xabo oo Dhala ah



B000VW6YK NOW \$13.46

Kaabayaasha NOW, Diirad saaraha™ ee dhabta ah oo ay ku jiraan Amino Acids, Ginkgo, DMAE + CoQ10 iyo kuwa laga miiray abuurka canabka, 90 feeg Cabitaanka Dhirta ah



B0055UFNQG Osteo Bi-Flex \$24.99

Osteo Bi- Flex oo leh Saddex Qalab oo leh fiitamiin D Glucosamine Chondroitin Kaabista Caafimaadka Wadajirka ah, Kiniinada dahaarka leh, Casaan, 120 Xabo



B08L7RJWTW Vitafusion \$10.98

Fiitamiinada Xasaasiyadda leh ee Vitafusion Power Zinc, Canabka Tangerine oo leh Taageerada difaaca jirka (1), 90 Xabo



B08NKMQRW Nerve \$17.95

Caafimaadka Neerfaha Nerve, oo leh Ashatada Daweyso Neerfaha, si loo xoojiyo Caafimaadka Neerfaha loona taageero Shaqada Caafimaadka Neerfaha ee Faraha, Gacmaha, Suulasha, & Cagaha, ALA, Fiitamiin B12, B6, & B1, 30 Kiniin Maalin kasta

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



CABITAANADA



B008VT2NMK Maxwell House \$9.33
Maxwell House Kafeega Decaf ee asalka ah ee la dubay ee dhexdhexaadka ah ee (29.3 oz oo Daasad)



BOCXZ3HLYS Maxwell House \$15.38
Maxwell House 28.4 oz oo ah Kafee la Shiilay oo Dhexdhexaad ah oo la Kariyey



B01KL4HWWS 365 by Whole Foods Market \$17.99
365 by Whole Foods Market, Kafee fiyeena oo loo dubay Dhulka Baasifigga ee Dabiiciga ah, 24 Wadiiqadood



B00L5K3XGW Gold Peak Tea \$8.29
Gold Peak Tea, Shaaha Cunno-qabadka, 16.9 fl oz, 6 Xirmo



B074H5LWG2 365 by Whole Foods \$25.74
365 oo Laga helo Suuqa Whole Foods Market, Biyo Dhadhan leh oo Caleemo Dhadhan leh, 128 Fl Oz



B074H7K3GX 365 by Whole Foods \$7.09
365 by Whole Foods Market, Biyo Dhadhan leh oo Caleemo Dhadhan leh, 32 Fl Oz

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B074HDZ338 365 by Whole Foods \$3.19

365 by Whole Foods Market, Organic 100% Juice, Casiirka dhadhanka leh ee isku darka ah, Orange Mango, 32 Fl Oz



B0019K981W Horizon \$12.53

Horizon Raashinka Kaydka Dhabiciga ah 1% Caano aan dufan lahayn, Fanila, 8 Fl Oz, 12 Xidhmo



B00PGXQ68Q Silk \$11.36

Silk Caanaha Looska ee Raagaya, Dhadhanka Fanilla aan macaan lahayn, Caano-la'aan ah, Aan Xayawaanka Laga Sameyn, aan lahayn Mashruuc GMO ee la xaqiijiyay, 1 Labo Liitar (6 Xirmo ka mid ah)



B08X6H61LG Honey Nut Cheerios \$7.29

Miraha Macaan ee Honey Nut Cheerios ee ufiican Wadnaha ee Quraacda Siirialka, Siiriyaalka aan lahayn Gluten oo ay ku jiraan Saliid Miraha oo Dhan, Qiimaha Bacda, 32 oz



B097ZDGNKZ Honey Bunches of Oats \$4.69

Honey Bunches of Oats ee Looska, Wadnaha caafimaad qaba, dufan yar, oo lagu sameeyay badarka oo dhan, 12 oz



B081TDZ179 Kellogg's \$8.54

Kellogg's Quruda Galleyda Cunnada quraacda, Cunnada Carruurta, Quraacda Qoyska, Cabbirka Weyn, Asalka, 24 oz oo Sanduuq (1 sanduuq)

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B08ZZV51GN Quaker \$9.90

Quaker Boorashka Quraacda ee Degdegga ah , 4 Nooc oo kala Duwan oo Dhadhan leh, 0.98oz oo Baakadaha ah, 44 Xabo (1 Xirmo ka mid ah)



B000RA8E56 Cream of Wheat \$6.14

Cream of Wheat Foornada ee lagu kariyo dabka, Asalka ah, 2 1/2 Daqiiqo Waqtiga Karinta, 28 Wadiiqadood



B01KMHY4KM Quaker \$15.28

Quaker Otiska Degdega ah, 4 xirmo oo kala duwan oo dhadhan ah, xirmooyin shaqsi ah, 48 Xabo



B07P8M5ZRM Amazon Brand \$3.69

Amazon Brand - Calool Maqsuud ah Daqiiqda Boorashta Degdega ah, Tufaax & Qorfe, Sabiib & Sonkor Bunni, 30.33 oz, 1.51 wadiiqadood (20 Xirmo ka mid ah)



B07NSYSVJZ 365 by Whole Foods \$5.29

365 by Whole Foods Market suuqa cuntada oo dhan, Granola Foolaad Faransiis & Looska Almond oo Dabiici ah, 17 Wadiiqadood



B074H6MBQR 365 by Whole Foods \$5.29

365 by Whole Foods Market, Baastada Timaha Malagga ee Dabiiciga ah, 17 Wadiiqadood

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



XAWAASHKA



B00CMQD3VS Nate's 100% Pure \$17.39

Nate's 100% Pure, Malab aan la shaandheyn oo ceeriin ah - Dhadhanka Abaalmarinta Ku guuleystay, 32oz.



B00FZHE4M8 Smucker's \$4.39

Faafinta Miraha Istarawberiga Dabiiciga ah ee Smucker, 17.25 Wadiiqadood



B07L4K78X9 Peter Pan \$12.21

Peter Pan Dabiiciga ah ee faafinta Kareemada Lawska, 40 OZ



B009GFW8C8 Heinz \$5.51

Heinz yaanyada Caaga (38 oz oo dhala ah)



B00ZW546K8 Hellmann's \$5.99

Hellmann's ee majones-ka dhabta ah ee dhabta ah ee Mayo Dhalo Cariiri ah oo

Qani ah oo Kareemka Gluten-ka, Lagu Sameeyay 100% Ukun-Qabas La'aan ah 20 oz



B0005YWMFW French's \$3.42

French's Malabka Khardalka, 12 oz

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B000WG65W4 French's \$2.00
 Khardal Jaallaha caadiga ah ee French's, 20 oz



B000R30QUO Hidden Valley Ranch \$6.30
 Hidden Valley Ranch & Suugo Quraacda, Labbiska Beerta iyo Pizza-ga kor looga dara, Labbiska Saladhka Bilaashka ah ee Gluten, 24 Wadiiqadood



B003XLOOCS Heinz \$5.98
 Heinz Ketchabka Yaanyada, Suugo Macaan, iyo Xirmada Khardalka, 3 Xabo



MIRAHA IYO KHUDAARTA



B01EOW6OK4 Mott's \$7.48
 Mott's Suugada Tufaaxa, 4 Oz oo Koobab ah, 18 Xabo, Ma jiraan dhadhan macmal ah, Isha wanaagsan ee Fitamiin C, Xulashada Nafaqeynta ee Qoyska oo dhan



B003Z6W6B2 Dole \$21.20
 Galabyada Khudradu ee Dole Tufaaxa Baruurtoodu Yar Yahay & Cuntooyinka Kareemka Parfait, 4oz 24 Koobab, Gluten & Caanaha Bilaashka ah, Cunto fudud oo Qado ah oo loogu talagalay Carruurta & Dadka Waaweyn



B00VZ3NJHM Dole \$8.25
 Cuntooyinka fudud ee Miraha Canabka ah oo isku qasan oo ku jira 100% Cunto fudud oo casiir ah, 4 wiqayadood 12 isku darka Koobasha, Gluten & Caano La'aan ah, Cuntooyinka Qadada ee Carruurta & Dadka Waaweyn

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B0891XC8GY Del Monte \$9.45
 Del Monte FRUIT CUP Cunto fudud, Xirmada Qoyska, Xidhmada Qoyska, Sokor lagu Darin, 12-Xirmo, Xirmo Kala duwan 4 oz



B07FSYJS52 DEL MONTE \$8.49
 DEL MONTE Baasbooryo la Jarjaray oo ah KOOBKA MIRAHHA ah oo fudud oo ku jira 100% Casiir Miro Ah, 12 Xirmo, 4 oz



B01MDOXOUU Dole \$6.29
 Dole Weelasha Khudaarta Mandarin Liimo banbeelmo oo ku jira 100% casiir cunto fudud, 4oz 12 iskudarka Koobasha, Gluten & Caano La'aan ah, Cuntooyinka Qadada ah ee loogu talagalay Carruurta & Dadka waaweyn



B0829QQLPB Bare Baked Crunchy, Apples Fuji & Reds and Cinnamon Variety Pack \$17.43
 Bare Baked Crunchy, Tufaaxa Fuji & Casaan iyo Cinnamon Kala duwanaanta Baakada, 0.53 Wadiiqad (Xirmo 16 ah)



B01NBFUWTP Bush's Best \$23.98
 Bush ugu fiican 16 oz oo ah digirta la dubay ee asalka ah (Xirmo 12 ah)



B078SZSKYJ Del Monte \$27.37
 Yaanyada qasacadaysan ee Del Monte oo, 14.5 Wadiiqad (Xirmo 12 ah)

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



CUNTADA & DHINACYADA



B01IR6JF90

Barilla

\$14.72

Baastada Barilla Penne & Xirmooyinka Baastada Spaghetti, 16 oz Sanduuqyada (Xirmo 8 xabo ah) - Baasto aan GMO ahayn oo laga sameeyay caano adag ee Durum Qamadida Semolina- Baasto la caddeeyay inay tahay Kosher



B00OR30KSW

Prego

\$3.09

Suugo Baastoo Prego Traditional ah, Dhalo 24 Oz



B003MOZDAM

Kraft

\$5.09

Kraft Makaroonta Asaliga ah & Casho jiis (4 ct Xirmo, 7.25 oz Kartoomo)



B00OR2Z2N6

Campbell's

\$3.09

Maraq Badan Campbell, Maraqa Codsiga caafimaad qaba ee baasto digaaga, 18.6 Oz oo Gasac



B07BZPHFST

Progresso Light

\$2.69

Progresso Fudud, Maraqaqasacadaysan ee Baasto Digaag, 18.5 oz.



B09PPRNQX6

BEN'S ORIGINAL

\$13.19

BEN'S ORIGINAL ee Bariiska diyaarsan ee Basmatiga ah iyo Bariiska Jasmine-ka Kala duwan, Dhinacyada Casho ee Fudud, 8.5 OZ Kiish (6 Xirmo ka mid ah)

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B07GPHFDVS SEEDS OF CHANGE \$14.77
 SEEDS OF CHANGE Xirmada Bariiska Dabiiciga ah ee Quinoa-ga iyo Bariiska Buunni oo leh Toon & Quinoa-ga Bunka ah & Bariiska Cas oo leh Qolofa, lugu karyo gaaska Diyaar U Ah Kulaylka, 8.5 Wadiiqad (6 Xirmo)



B001EQ5S2E Wild Planet \$15.98
 Wild Planet oo diyaar u ah in lagu cuno Tuna, Digir & Galley Saliida oo leh dabacasaha dabiiciga ah, basbaaska cas iyo karootada, Saliida kaluunka , 5.6oz, Xirmo 4 ah



BOCHXRKKB2 Wild Planet \$20.00
 Wild Planet oo diyaar u ah in lagu cuno kaluunka ah Saladh Quinoa-ga ah leh macaan dabiici ah, 5.6oz (Xirmo 4 ah)



CABITAANADA NAFAQADA LEH



B0015068TG Atkins \$18.59
 Atkins Kareemka Cabitaanka Borotiinka ee Fanilla, 15g oo Barotiin ah, oo leh Glycemic yar, 2g oo Carb ah, 1g oo sonkor ah, Keto u saaxiib ah, 12 Xabo



B08GLMT52Z Atkins \$16.77
 Kafeega la qaboojiyay ee Atkins Kafee Cabitaanka Borotiinka ee Fanillada ah, 15g oo barotiin ah, Glycemic yar, 4g oo Carb ah, 1g oo sonkor ah, Keto u saaxiib ah



B0015068PA Atkins \$19.48
 Borotiin la shiidey ah oo caano shukulaato ah Atkins, 15g oo Barotiin ah leh, Sonkorta Dhiigga yar, 2g oo Carb ah, 1g oo sonkor ah, Keto u saaxiib ah, 12 xabo

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B09BBY5GPD Atkins \$15.13

Istarawbariga Atkins Cabitaanka Borotiinka, 15g oo Barotiin ah, oo leh Sonkorta Dhiigga yar, 2g oo Carb ah, 1g oo sonkor ah, Keto usaaxiib ah, 12 xabo



B07MJL8NXR Premier Protein \$25.76

Jokoleetka Premier Protein Cabitaanka, 30g Barotiinka 1g Sokor ah 24 Fitamiinada Macdanta Nafaqada ah si Loo Taageero Caafiaadka Difaaca, 11.5 fl oz (12 Xirmo ka mid ah)



B07ZP4FZNF Premier Protein \$30.24

Premier Protein Cabitaanka, Muuska & Kareem, 30g oo Barotiinka ah, 1g oo Sonkor ah, 24 Fitamiino & Macdanta ah, nafaqooyin lagu taageerayo Caafimaadka Difaaca Jirka, 12 Xirmo



B088JCWFY7 SLENDA \$36.26

SLENDA Caanaha -Daryeelka Sonkorowga - Beddelista Cuntada, Fanilla-da Faransiis, 8 Fl Oz (Xirmo 24 ah)



B08979TNHY SLENDA \$9.94

SLENDA Caanaha -Daryeelka Sonkorowga - Shake-ka Beddelista Cunnada, 8 Wadiiqadood oo dareere ah halkii dhalo (Shukulaatada Caanaha, 6 Xirmo)



B0BW4VS7S5 Pedialyte \$23.84

Pedialyte oo leh Xalka Korontada ee Taageerada Difaaca Jirka, Canabka Punch, Cabbitaanka Biyaha ee leh Zinc, Selenium, iyo Magnesium, 1 litir, 4 Xirmo

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



SAFARKA



B08NBF5VCH Nature Valley \$10.88
 Nature Valley Bariiska iskukariska ah, Boorishta 'n Malab, 1.49 oz, 24 xabo, 48 baararka



B00Z4ZAMPE Nature Valley \$4.99
 Nature Valley Boorashka sida dabiiciga ee jilicsan loo baakadeeyay, Qorfe & Sonkor Bunni, 12 xabo, 14.88 OZ



B075MJ5D32 Fiber One \$11.64
 Fiber One Baararka rugan, Boorash & shukulaatada, Cunto fudud oo Qolofa ah, Xidhmada Mega, 15 xabo



B074V3VNX2 365 by Whole Foods \$8.79
 365 by Whole Foods Market, Baastada Dabiicga Aad u fiican, 10 Wadiiqadood



B00GJ82VK4 Pure Protein \$15.76
 Baarsas Pure Protein, Barotiinka badan, Cuntooyinka fudud ee nafaqada leh si ay u taageeraan tamarta, sonkorta yar, gluten la'aan ah, shukulaatada manjooyin, 1.76oz, 12 tirada (Baakadaha way kala duwanaan karaan)



B01NAEPDZQ Fisher \$11.99
 Macmacaanka Fisher malabka lowska ah lowska la shiilay ee la isku daray digirta, 24 Wadiiqadood, digirta, cashewska, looska almonds, Loos Turkiga, Loos Mareykanka

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B07VQPPDKN Orchard Valley \$11.37
Isku qas Orchard Valley Harvest Omega-3, 1 Wadiiqado baaga (Xirmo 15 ah), Walnuts, Cranberries, Almonds, iyo Pistachios, Gluten La'aan ah, Cunto fudud oo loogu tala galay kulaabashada Dugsiga



B004HZFASG Wonderful \$13.98
Wonderful Pistachios, Bilaa Qolof, La Dubay oo Laws Cusbo la mariyay,, 24 Wadiiqad oo Bac dib loo Sixi karo, Isha Wanaagsan ee Borotiinka, Gluten-la'aanta, Cunto Fudud



B004M15U12 PLANTERS \$13.14
PLANTERS Deluxe Salted Whole ee Cusbada leh, Cunnooyinka Xafladaha, Borotiinka Dhirta ku saleysan, Cunnooyinka Degdegga ah ee Dadka Waaweyn, Cunnooyinka Dugsiga ka dib, Cashews la dubay oo leh dhadhanka cusbada badda, Looska badan, Kosher, 1 lb 2.25oz oo Gasac ah

BOROTIINKA



B01LYCY3YF Swanson \$5.17
Swanson White Premium Chunk ee Digaag Gasacadaysan oo biyo ku jira, Digaag si buuxda loo kariyey, 12.5 OZ oo Gasacadeysan (Xirmo 2 ah)



B07BZ4KQ1T StarKist \$14.99
StarKist Chicken Creations, Saladh Digaag, 2.6 oz oo kiish (12 Xirmo)



B005U7EGSA Chicken of the Sea \$0.98
Chicken of the Sea Hilibka digaaga ee badda Kalluunka Mackerel-ka oo lagu qabtay duurka, Kaalshiyam badan, 15-Wadiiqad oo Gasac ah (Xirmo 1 ah)

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.



B00418U69M King Oscar \$12.11

King Oscar Sardinada la dubay oo saliid saytuun ah oo aad loo jecel yahay lagu dubay saliid saytuun, qasacad 3.75-Wadiiqad ah (Xirmo 4 ka mid ah)



B07J5T163J Bumble Bee \$2.82

Bumble Bee Dhadhanka Qiiqa ee Casaan Jiidka Kalluunka Salmon Koho ee saliidda, 3.75 oz (1 Xirmo ka mid ah) - 19g barotiin- Maqaar la'aan, Lafo-la'aan ah- oo Ku Fiican Cuntooyinka fudud & habka loo diyaariyo cuntooyinka - Gluten La'aanta ah



B00NVK20DQ Wild Planet \$8.99

Wild Planet Kalluunka Salmonka Pinkiga ee Dugaaga ah, Salmon qasacadaysan, oo si joogto ah looga soo qabtay geed duurka, aan GMO ahayn, Kosher 6 Wadiiqad oo gasac



B00E3QNEGY Bumble Bee \$5.98

Bumble Bee Qeybta Cad ee Kalluunka Albacore-ga oo ah Kaluunka Tuna oo Biyo Ku jiro, 5 oz oo Gasac (Xirmo 4 ah) - Tuunada duurka laga soo qabto - 23g barotiin halkii adeegba, oo uu Sareeyo Omega-3s - Mashruuc aan GMO lahayn oo La Xaqiijiyay, Gluten La'aan, Kosher



B00FWUO2IE StarKist \$6.87

StarKist Qeybta Kaluunka Fudud oo Biyaha ku jirta, 5 oz (8 Xirmo) Kalluun Tuna oo gasacadaysan, Dururka laga soo qabtay, Gluten la'aan ah, Diyaar u ah in la Cunno, Ku Fiican Saladyada, Cuntooyinka Keto iyo Cunto fudud, oo leh 20g barotiinka ah & 90 Kaloori halkii adeegitaanba



B000FIR2NO Spam \$4.19

Spam Kulul & Basbaas, 12 Wadiiqad oo Gasacaysan

Xulashada iyo qiimaynta kusugan buug-yarahaan waa sawir muujinayawaxyaabaha la heli karo bisha Ogosto, 2024 waana kuwa isbeddel joogto ah ku dhaca.

Inta badan

Su'aalaha La Is Weydiyo

.....



Miyeey jiraan alaab kale oo la heli karo aan ka aheyn kuwa lagu taxay buug-gacameedkani?

Haa! Alaabyo Dheeraad ah ayaa laga heli karaa tafaariqlayaasha ka qeyb galaayo iyo onleeyn. Liiska alaabyada la caymiyay iyo qeybahooda, booqo **member.membersecurelogin.com**, gal bogga xubnimada, oo dooro “*Wellcare Spendables*.”



Qiimo sidee ah ayaa ku bixinayaa lacag bixinta?

Qiimaha onleyn-ka iyo bakhaarku waxa laga yaabaa ineysan la mid ahayn qiimayaasha ku taxan buug-gacameedkani. Qiimayaasha onleyn-ka iyo bakhaarku ayaa lagu shaaciyaa lacag bixintu.



Miyaan bixinayaa canshuurta iibsiga?

Haa, dhamaan dalabyadaada waa daruuri inaad ka bixiso canshuurta degaankaagu iyo tan iibsiga gobolka.



Sidee ku hubin karaa haraageygu?

Haraagaagu waxaad ka hubin kartaa adigoo booqanaya **member.membersecurelogin.com**. Gal bogga xubnimada, oo dooro “*Wellcare Spendables*.”





Ka waran haddii iibkaygu uu ka badan yahay kan qaddarka aan haysto?

Haddii wadartaadu ka badan tahay haraagaagu laga heli karo kaadhkaagu Wellcare Spendables™, inta hartay waxaad ku bixin kartaa hab kale oo laag bixin ah.



Sidee ku heli karaa kaadhka beddelka ah?

Waxaad ku heli kartaa kaadhka beddelka iimayl lagugu soo diraayo adigoo booqanaayo **member.membersecurelogin.com** ama wacaayo **1-855-744-8550** (TTY: **711**). Inta u dhaxaysa Oktoobar 1 iyo Maarso 31, matalayaal ayaa diyaar kuu ah Isniin–Axad, 8-da subaxnimo ilaa 8-da fiidnimo. Inta u dhaxaysa Abriil 1 iyo Sebtembar 30, matalayaal ayaa diyaar kuu ah Isniin–Jimco, 8 subaxnimo ilaa 8 fiidnimo. Fadlan ogow saacadaha shaqada ka dib, maalmaha fasaxa ah iyo fasaxyada federaalka laga bilaabo Abriil 1 ilaa Sebtembar 30, nidaamkeena teleefoonka tooska ah ayaa laga yaabaa inuu ka jawaabo wicitaankaaga.

Su'aalo? Ma u baahan tahay haraaga faa'iidadaadu? Booqo HealthyBenefitsPlus.com/member.wellcare.com ama wac 1-855-744-8550 (TTY 711). Isticmaal kaadhkaagu: Kaadhkaagu ma ahan kaadhka deynta balse waxaa loo isticmaali kadhka "kaadhka deynta" ahaan marka la joogo lacag bixintu. PIN-kaagu waa 4 nambar ee u dambeeya lambarka kaadhkaaga; bixi haddii la codsado. Khidmadaha dheeraadka ah iyo xaddidaadaha isticmaalka ayaa laga yaabaa in lagu dabaqo. Faahfaahin ka eeg shuruudaha kaadhka haysashada. Wax lacag caddaan ah ama adeegyo ATM ah oo la heli karo ma jiro (marka laga reebo sida sharcigu u baahan yahay).

"Healthy Benefits+" waxaa loola jeedaa OTC kasta iyo cunto caafimaad leh iyo barnaamij(yada) kale ee waxtarka leh, iyo Healthy Benefits+ waxaa bixiya Optum Financial, Inc., iyada oo ka wakiil ah nafteda iyo kuwa la shaqeeya. Ka qaybqaadashada barnaamijka Healthy Benefits+ waa ikhtiyaari oo waxay hoos imaanayaan shuruudca u-qalmitaanka iyo xaddidaadaha kale ee lagu daro Healthy Benefits+ Shuruudaha Heshiiska Isticmaalka. Lacagaha lagu bixiyo barnaamijka(yada) waxay leeyihiin xaddidaado isticmaalka oo gaar ah, kuma jiraan lacag caddaan ah, mana lihidin. Waxa kaliya oo aad u-qalmi kartaa inaad ka qaybgasho barnaamijyada faa'iidooyinka qaarkood sida ay go'aamiyeen qorshahaaga caafimaad ama Maaliyadeed ee Optum. Dhammaan noocyada ku taxan halkan waxaa calaamadeeyay shirkadaha. Noocyada iyo u qalmida alaabta waa aay badalmi karayaan. Healthy Benefits+ waa in laga faa'iidaysto tafaariiqda ka qaybqaata waxaana loo isticmaali karaa oo keliya in lagu gato shay gaar ah si waafaqsan barnaamijkaaga faa'iidada. Lacagaha OTC waxa loo isticmaali karaa alaabta farmashiyaha aan dhakhtar qorin. Kharashka Cunnada Caafimaadka leh waxaa loo isticmaali karaa shayada sida digirta, digiraha, khudaarta qasacadaysan, alaabta caanaha, khudaarta cusub, xirmooyinka saladh cusub, cuntooyinka la qaboojiyey iyo cuntooyinka, badarka caafimaadka qaba, hilibka iyo cuntada badda, cunnooyinka cuntada, maraayada, biyaha iyo biyaha fiitamiin-ku-kordhinta ah. Xayiraado kale ayaa laga yaabaa in la dhaqan geliyo.

Fadlaan xasuusnaaw qiimaha joogtada ah ee tafariiqda bakhaarku wuu is beddeli karaa. Qiimaha khuseeya marka aad isticmaalayso faa'iidooyinkaaga OTC, fadlan ka boggo buug-gacameedkani. Faa'iidooyinka iyo sifooyinka waxay ku kala duwan yihiin qorshe/aag. Xaddidyo iyo kala saarid ayaa khuseeyn kara. Faa'iidooyinka OTC waxaay leeyihiin wakhti dhacitaan. Waxii macluumaad dheeri ah wac qorshahaaga ama dib u eeg Caddaynta Caymiskaaga (EOC). Tixraacyada alaabada qolo saddexaad ma tilmaamayso taageerada ama talada in la isticmaalo ama la iibsado badeecad gaar ah ama sumad. Liiska alaabadani waa is bedeli karaa. Alaabooyinka, tirooyinka, cabbirada, iyo qiimayaasha way isbedeli karaan iyadoo ku xidhan helitaanka. Macluumaadkani maaha sharraxaad dhammaystiran oo ku

saabsan faa'iidooyinka. Alaabtu way kala duwanaan kartaa iyadoo ku saleysan soo saaraha iyo helida. Alaabta waa lagu dari karaa ama laga saari karaa wakhti kasta ogeysiis la'aan. Magacyada summada alaabta OTC-ga waa summad ganacsiga shirkad kasta. Kharashaadka alaabta ayaa laga yaabaa inay isbedesho sanadba sanadka ka dambeeya. Fadlan dib u eeg calaamadaynta badeecada oo kala tasho dhakhtarkaaga wixii su'aalo ah oo caafimaad ama daawo ah. Dhammaan faa'iidooyinka lagama heli karo dhammaan qorshayaasha. Waxaan raacnaa sharciyada federaalka ee xuquuqda madaniga ah mana ku takoorno wax ku saleysan isir, midab, asal qaran, da', naafanimo, ama Jinsi.

'Ohana Health Plan, waa qorshe ay bixiso WellCare Health Insurance of Arizona, Inc.

Wellcare waa qorshe Medicare ka ee Centene Corporation. Waxay bixisaa HMO, PPO, PFFS, iyo qorshayaasha PDP waana kafaalaqaad Qaybta D ee la ansixiyay. Qorshayaasheena D-SNP waxaay qandaraas kula jiraan barnaamijka Medicaid ee gobolka. Diwaangalinta qorshaheena waxaa aay ku xiran tahay cusboneeysiinta qandaraaska.

Dadka deggan Washington: "Wellcare" waxaa bixiya Daryeelka Wadajirka ah ee Washington, Inc.

Dadweynaha Washington: "Wellcare" waxa soo saara WellCare Health Insurance Company of Washington, Inc.

Xubnaha Louisiana D-SNP: Xubin Wellcare HMO D-SNP ahaan, waxaad caymis ka haysataa labadaba Medicare iyo Medicaid. Waxaad ka heleysaa daryeelka caafimaadka Medicare-kaaga iyo caymiska dawada lagu qoray iyada oo loo marayo Wellcare oo sidoo kale waxaad xaq u leedahay inaad hesho adeegyo daryeel caafimaad oo dheeri ah iyo caynsanaanta Louisiana Medicaid. Wax ka baro bixiyaasha ka qeyb galaaya Medicaid Louisiana adigoo booqanaya www.myplan.healthy.la.gov/en/find-provider ama <https://www.louisianahealthconnect.com>. Macluumaad faahfaahsan oo ku saabsan faa'iidooyinka Medicaid Louisiana, fadlan booqo shabakada Medicaid oo ah <https://ldh.la.gov/medicaid> oo dooro isku xirka "Baro Adeegyada Medicaid". Si aad u codsato nuqul qoran oo ah Tusaha Bixiyaha Medicaid, fadlan nala soo xidhiidh.

Louisiana D-SNP: Macluumaad faahfaahsan oo ku saabsan faa'iidooyinka Medicaid Louisiana, fadlan booqo shabakada Medicaid ee <https://ldh.la.gov/medicaid> ama <https://www.louisianahealthconnect.com>. Si aad u codsato nuqul qoran oo ah Tusaha Bixiyaha Medicaid, fadlan nala soo xidhiidh.

Xubnaha Texas D-SNP: Xubin Wellcare HMO D-SNP ahaan, waxaad caymis ka haysataa labadaba Medicare iyo Medicaid. Waxaad ka heleysaa daryeelka caafimaadka Medicare-kaaga iyo caymiska dawada lagu qoray iyada oo

loo marayo Wellcare oo sidoo kale waxaad xaq u leedahay inaad hesho adeegyo daryeel caafimaad oo dheeri ah iyo caynsanaanta Texas Medicaid. Wax ka baro bixiyaasha ka qeyb galaaya Medicaid Texas adigoo booqanaya <https://www.wellcarefindaprovider.com/navigate-a-network.html>. Macluumaad faahfaahsan oo ku saabsan faa'iidooyinka Medicaid Texas, fadlan booqo shabakada Medicaid oo ah <https://www.hhs.texas.gov/services/health/medicaid-chip/medicaid-chip-members/starplus>. Si aad u codsato nuqul qoran oo ah Tusaha Bixiyaha Medicaid, fadlan nala soo xidhiidh.

Texas D-SNP dadka mustaqbalka leh: Macluumaad faahfaahsan oo ku saabsan faa'iidooyinka Texas Medicaid, fadlan booqo barta internetka ee Texas Medicaid oo ah <https://www.hhs.texas.gov/services/health/medicaid-chip/medicaid-chip-members/starplus>. Si aad u codsato nuqul qoran oo ah Tusaha Bixiyaha Medicaid, fadlan nala soo xidhiidh.

Ogeysiis: TennCare mas'uul kama aha bixinta faa'iidooyinkan, marka laga reebo cadadka wadaagga kharashka ku habboon. TennCare mas'uul kama aha dammaanad qaadka helitaanka ama tayada faa'iidooyinkani. Faa'iidooyin kasta oo ka sarreeya ama ka baxsan faa'iidooyinka Medicare ee dhaqameed waxay khuseeyaan Wellcare Medicare Advantage oo keliya mana tilmaamayaan faa'iidooyinka Medicaid oo kordhay.

Qorshooyinka Arizona D-SNP: Adeegyada qandaraasyada waxaa lagu maalgeliyaa qayb ahaan iyadoo la raacayo heshiiska Gobolka Arizona.

Alaabooyinka Wellcare Ee Allwell (HMO iyo HMO SNP) waxaa hoos u qoray Superior HealthPlan, Inc.

Alaabooyinka hoos yimaada Wellcare (HMO iyo HMO SNP) waxa daboolaa WellCare of Texas, Inc., WellCare Company Caymiska Caafimaadka Qaranka, iyo SelectCare of Texas, Inc.

Faa'iidooyinka lagu sheegay waa qayb ka mid ah Dheefaha Dheeraadka ah ee Gaarka ah ee Bukaanka Joogtada ah. Dhammaan xubnuhu uma qalmi doonaan. Marka laga soo tago inaad halis sare leedahay, waa inaad leedahay mid ama in ka badan oo ka mid ah xaaladaha soo socda: kansarka, xanuunada wadnaha iyo xididdada dhiigga, xaaladaha caafimaadka dhimirka ee daba-dheeraada iyo naafonimada, xanuunada sambabada ee daba-dheeraada, sonkorowga. Waxaa jira shuruudo kale oo aan la xusin. U-qalmitaanka faa'iidadan laguma dammaanad qaadi karo iyadoo la eegayo xaaladdaada oo keliya. Dhammaan shuruudaha u-qalmitaanka ee lagu dabaqi karo waa in la buuxiyaa ka hor inta aan la bixin waxtarka. Waxii Xogyo ah, fadlan nagala soo xariir.

†Farmashiyeyaasha kale/Dhakhaatiirta/Bixiyeyaasha ayaa laga heli karaa shabakadayada.

Wellcare By Trillium Advantage's Nondiscrimination Policy

Discrimination is against the law. Wellcare By Trillium Advantage must follow state and federal civil rights laws. We cannot treat people (members or potential members) unfairly in any of our programs or activities because of a person's:

- Age
- Disability
- National origin, primary language and proficiency of English language
- Race
- Religion
- Color
- Sex, sex characteristics, sexual orientation, gender identity or sex stereotypes
- Pregnant or related conditions
- Health status or need for services

If you feel you were treated unfairly for any of the above reasons, you can make a complaint. This is also called filing a grievance.

Make (or file) a complaint with Wellcare By Trillium Advantage in any of these ways:

Phone: Call our Section 1557 Coordinator at **1-855-577-8234** (TTY: **711**)

Fax: 1-866-388-1769

Mail: PO Box 31384, Tampa, FL 33631

Email: SM_Section1557Coord@centene.com

Web: <https://wellcare.trilliumadvantage.com/member-resources/member-rights/appeals-grievances.html>

You can read our complaint process at:

<https://wellcare.trilliumadvantage.com/member-resources/member-rights/appeals-grievances.html>

If you have a disability, Wellcare By Trillium Advantage has these types of free help:

- Qualified sign language interpreters
- Written information in large print, audio, or other formats
- Other reasonable modifications

If you need language help, Wellcare By Trillium Advantage has these types of free help:

- Qualified interpreters
- Written information in other languages

Need help filing a complaint? Need language help or reasonable modifications? Call Member Services at **1-844-867-1156** (TTY: **711**) to speak with a peer wellness specialist or personal health navigator. Member Services hours: Between October 1 and March 31, representatives are available seven days a week, 8 a.m. to 8 p.m. Between April 1 and September 30, representatives are available Monday–Friday, 8 a.m. to 8 p.m.

You also have a right to file a complaint with any of these organizations:

Oregon Health Authority (OHA) Civil Rights

Phone: 1-844-882-7889 (TTY 711)

Web: www.oregon.gov/OHA/EI

Email: OHA.PublicCivilRights@odhsoha.oregon.gov

Mail:

Office of Equity and Inclusion Division
421 SW Oak St., Suite 750 Portland, OR 97204

Bureau of Labor and Industries Civil Rights Division

Phone: 1-971-673-0764

Web: <https://www.oregon.gov/boli/civil-rights>

Email: BOLI_help@boli.oregon.gov

Mail:

Bureau of Labor and Industries Civil Rights Division
800 NE Oregon St., Suite 1045 Portland, OR 97232

**U.S. Department of Health and Human Services Office for Civil Rights
(OCR)**

Phone: 1-800-368-1019, TDD: 1-800-537-7697

Web: <https://ocrportal.hhs.gov/ocr/smartscreen/main.jsf>

Email: OCRComplaint@hhs.gov

Mail:

Office for Civil Rights

200 Independence Ave. SW Room 509F, HHH Bldg.

Washington, DC 20201

Política de No Discriminación de Wellcare By Trillium Advantage

La discriminación es un delito. Wellcare By Trillium Advantage debe cumplir con las leyes estatales y federales de derechos civiles. En ninguno de nuestros programas ni actividades podemos tratar a las personas (miembros o posibles miembros) de manera injusta por los siguientes motivos:

- Edad
- Discapacidad
- Nacionalidad de origen, lengua materna y dominio del idioma inglés
- Raza
- Religión
- Color de piel
- Sexo, características sexuales, orientación sexual, identidad de género o estereotipos sexuales
- Embarazo o afecciones relacionadas con este
- Estado de salud o necesidad de servicios

Si cree que recibió un trato injusto por alguno de los motivos anteriores, puede presentar un reclamo. Esto también se llama presentar una queja.

Puede hacer (o presentar) un reclamo con Wellcare By Trillium Advantage de cualquiera de estas maneras:

Teléfono: Llame a nuestro Coordinador de la Sección 1557 al **1-855-577-8234**
(TTY: **711**)

Fax: 1-866-388-1769

Correo Postal: PO Box 31384, Tampa, FL 33631

Correo electrónico: SM_Section1557Coord@centene.com

Sitio Web: <https://wellcare-es.trilliumadvantage.com/member-resources/member-rights/appeals-grievances.html>

Puede leer nuestro proceso para los reclamos en el siguiente enlace:

<https://wellcare-es.trilliumadvantage.com/member-resources/member-rights/appeals-grievances.html>

Si tiene una discapacidad, Wellcare By Trillium Advantage dispone de los siguientes tipos de ayuda gratuita:

- Intérpretes de lengua de señas calificados
- Información escrita en letra grande, en audio o en otros formatos
- Otras modificaciones razonables

Si necesita ayuda con el idioma, Wellcare By Trillium Advantage dispone de los siguientes tipos de ayuda gratuita:

- Intérpretes calificados
- Información escrita en otros idiomas

¿Necesita ayuda para presentar un reclamo? ¿Necesita ayuda con el idioma o solicitar modificaciones razonables? Llame a Servicios para Miembros al **1-844-867-1156** (TTY: **711**) para hablar con un par especialista en bienestar o tener acceso a un navegador personal para temas de salud. Horario de atención de Servicios para Miembros: Entre el 1 de octubre y el 31 de marzo, los representantes están disponibles los siete días de la semana, de 8 a.m. a 8 p.m. Entre el 1 de abril y el 30 de septiembre, los representantes están disponibles de lunes a viernes, de 8 a.m. a 8 p.m.

También tiene derecho a presentar un reclamo ante cualquiera de las siguientes organizaciones:

Oregon Health Authority (OHA) Civil Rights

Teléfono: 1-844-882-7889 (TTY 711)

Sitio Web: www.oregon.gov/OHA/EI

Correo Electrónico: OHA.PublicCivilRights@odhsoha.oregon.gov

Correo Postal:

Office of Equity and Inclusion Division

421 SW Oak St., Suite 750 Portland, OR 97204

Bureau of Labor and Industries Civil Rights Division

Teléfono: 1-971-673-0764

Sitio Web: <https://www.oregon.gov/boli/civil-rights>

Correo Electrónico: BOLI_help@boli.oregon.gov

Correo Postal:

Bureau of Labor and Industries Civil Rights Division
800 NE Oregon St., Suite 1045 Portland, OR 97232

Office for Civil Rights (OCR) del U.S. Department of Health and Human Services

Teléfono: 1-800-368-1019, TDD: 1-800-537-7697

Sitio Web: <https://ocrportal.hhs.gov/ocr/smartscreen/main.jsf>

Correo Electrónico: OCRComplaint@hhs.gov

Correo Postal:

Office for Civil Rights
200 Independence Ave. SW Room 509F, HHH Bldg.
Washington, DC 20201

English: You can get this communication in other languages, large print, Braille or a format you prefer. You can also ask for an interpreter. This help is free. Call 1-844-867-1156 or TTY 711. We accept relay calls.

You can get help from a certified and qualified health care interpreter.

Spanish: Puede obtener esta información en otros idiomas, en letra de imprenta grande, en braille o en un formato de su preferencia. También puede solicitar un intérprete. Esta ayuda es gratuita. Llame al 1-844-867-1156; los usuarios de TTY deben llamar al 711. Aceptamos llamadas del servicio de retransmisión.

Puede obtener la asistencia de un intérprete certificado y calificado en atención médica.

Russian: Вы можете получить данное сообщение на других языках, крупным шрифтом, шрифтом Брайля или в предпочтительном формате. Вы также можете запросить услуги переводчика. Такая помощь предоставляется бесплатно. Позвоните по номеру 1-844-867-1156 или TTY 711. Мы принимаем звонки через коммутаторную службу.

Вам может оказать помощь дипломированный переводчик с квалификацией в области здравоохранения.

Vietnamese: Quý vị có thể lấy thông tin này bằng các ngôn ngữ khác, bản in cỡ chữ lớn, chữ nổi hoặc định dạng yêu thích. Quý vị cũng có thể yêu cầu thông dịch viên. Trợ giúp này miễn phí. Gọi số 1-844-867-1156 hoặc TTY 711. Chúng tôi chấp nhận cuộc gọi chuyển tiếp.

Quý vị có thể được thông dịch viên chăm sóc sức khỏe có chứng nhận và đủ năng lực trợ giúp.

Arabic: يمكنك الحصول على هذه المعلومات بلغات أخرى أو بطباعة بأحرف كبيرة أو بطريقة برايل أو بتنسيق آخر تفضله. يمكنك أيضًا طلب خدمات مترجم فوري. وهذه المساعدة مجانية. اتصل على الرقم 1-844-867-1156 أو TTY 711. نقبل مكالمات الترحيل.

يمكنك الحصول على مساعدة من مترجم فوري معتمد ومؤهل لشؤون الرعاية الصحية.

Somali: Waxaad ku heli kartaa ee isgaarsiintan luqado kale, far waaweyn, farta indhoolaha ama qaabka aad doorbideyso. Waxaad ee sidoo kale codsan kartaa turjumaan. Caawimadani waa bilaash. Wac 1-844-867-1156 ama TTY 711. Waxaan aqbalnaa wicitaanada gudbinta

Waxaad caawimo ka heli kartaa turjumaan daryeel caafimaad oo shahaado haysta oo aqoon leh.

Simplified Chinese: 您可以使用其他 言、大号字体、盲文或您喜欢的方式 行交流。您也可以要求提供口 服。此服 免。致 1-844-867-1156 或 打免 TTY 711。我 接受 接来。您可以从 过 的有 的医 口 处获得帮助。

Traditional Chinese: 您可以選擇以其他語言、大字版、點字版或您偏好的格式獲取此通訊。您也可以要求口譯員服務。此服務為免費提供。請撥打 1-844-867-1156 或 TTY 711。我們接受轉接來電。

您可以獲得經認證之合格健康照護口譯員的協助。

Korean: 가입자는 이 문서를 다른 언어, 대형 인쇄체, 점자 또는 선호하는 형식으로 받을 수 있습니다. 통역사를 요청하실 수도 있습니다. 이러한 지원은 무료입니다. 1-844-867-1156 또는 TTY 711 번으로 전화해 주십시오. 릴레이 통화도 가능합니다.

인증 및 유자격 의료 통역사의 도움을 받을 수 있습니다.

Chuukese: Ka tongeni kuna ei pwan non ekoch kapasen fanu, awattei mak, kewe tikitik faniten chuun ika met sokkun format (ititin om mak ka mochen) en mi mochen. Ka tongeni eis emon chon chiaku epwe anisuk. Mi free ei aninis. Kori ei nampa 1-844-867-1156 ika TTY 711. Am mi etiwa aninisin kewe mi ter rese tongeni koko.

Ka tongeni kuna aninis seni ekewe mi tufich chon health care chiaku.

Ukrainian: Ви можете отримати це повідомлення іншими мовами, великим шрифтом, шрифтом Брайля або іншому форматі за вашим бажанням. Ви також можете отримати допомогу перекладача. Ця допомога безкоштовна. Телефонуйте за номером 1-844-867-1156 або TTY 711. Ми приймаємо перенаправлені дзвінки.

Ви можете отримати допомогу від сертифікованого та кваліфікованого медичного перекладача.

Farsi: می‌توانید این مطلب را به زبان‌های دیگر، چاپ درشت، خط بریل یا با فرمتی که ترجیح می‌دهید دریافت کنید. همچنین می‌توانید درخواست مترجم کنید. این کمک رایگان است. با شماره 1-844-867-1156 یا TTY 711 تماس بگیرید. ما تماس‌های رله مخصوص ناشنوایان را می‌پذیریم.

می‌توانید از یک مترجم کادر درمانی مجرب و دارای مجوز کمک بگیرید.

Swahili: Unaweza kupata mawasiliano haya katika lugha zingine, maandishi makubwa, Breli au muundo unaopendelea. Unaweza pia kuomba huduma za mkalimani. Huu ni usaidizi wa bila malipo. Piga simu kwa 1-844-867-1156 au TTY 711. Tunakubali upigaji simu za relay.

Unaweza kupata msaada kutoka kwa mkalimani wa huduma za afya aliyethibitishwa na aliyehitimu.

Burmese: ဤစာကို အခြားဘာသာစကားများ၊ ပုံနှိပ်စာလုံးကြီး၊ မျက်မမြင်စာ သို့မဟုတ် သင်နှစ်သက်ရာပုံစံဖြင့် ရယူနိုင်ပါသည်။ စကားပြန်တစ်ဦးကိုလည်း တောင်းဆိုနိုင်ပါသည်။ ဤအကူအညီမှာ အခမဲ့ဖြစ်သည်။ 1-844-867-1156 သို့မဟုတ် TTY 711 ကို ဖုန်းဆက်ပါ။ ဆွံ့အ နားမကြားသူများ၏ တစ်ဆင့်ခံခေါ်ဆိုမှုများကို ကျွန်ုပ်တို့ လက်ခံပါသည်။

အသိအမှတ်ပြုလက်မှတ်ရထားသော အရည်အချင်းမီ ကျန်းမာရေး စောင့်ရှောက်မှု စကားပြန်ထံမှ အကူအညီကို ရယူနိုင်ပါသည်။

Amharic: ይህን መልሳት በሌሎች ቋንቋዎች፣ በትልልቅ ፊደላት፣ በብሬል ወይም እርስዎ በሚመርጡት ቅርጽ ማግኘት ይችላሉ። አስተርጓሚ እንዲቀርብልዎ መጠየቅ ይችላሉ። ይህ እገዛ የሚቀርበው በነጻ ነው። ወደ 1-844-867-1156 ወይም TTY 711 ይደውሉ። የማዘሪያ ጥሪዎችንም እንቀበላለን።

ከተመሰከረላት እና ብቃት ካለው የጤና እንክብካቤ አስተርጓሚ እርዳታ ማግኘት ይችላሉ።

Romanian: Puteți obține această comunicare în alte limbi, cu scris mare, în Braille sau într-un format preferat de dvs. De asemenea, puteți solicita asistența unui interpret. Această asistență este oferită gratuit. Sunați la 1-844-867-1156 sau TTY 711. Acceptăm și servicii de apeluri pentru persoane cu dizabilități de auz și/sau de vorbire.

Puteți primi asistență din partea unui interpret certificat și calificat în domeniul medical.

Discrimination Is Against the Law

Wellcare By Allwell complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity). Wellcare By Allwell does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity).

Wellcare By Allwell:

- Provides aids and services, at no cost, to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides language services, at no cost, to people whose primary language is not English, such as:
 - Qualified interpreters and
 - Information written in other languages.

If you need these services, contact Member Services at:

Wellcare By Allwell: **1-844-451-1768** (TTY/TDD: **711**). Between October 1 and March 31, representatives are available seven days a week, 8 a.m. to 8 p.m. Between April 1 and September 30, representatives are available Monday–Friday, 8 a.m. to 8 p.m.

If you believe that Wellcare By Allwell failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity), you can file a grievance with:

1557 Coordinator

PO Box 31384, Tampa, FL 33631

1-855-577-8234

TTY/TDD: 711

Fax: 1-866-388-1769

Email: SM_Section1557Coord@centene.com

You can file a grievance in person, by mail, fax, or email. Your grievance must be in writing and must be submitted within 180 days of the date that the person filing the grievance becomes aware of what is believed to be discrimination. If you need help filing a grievance, our 1557 Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail at U.S. Department of Health and Human Services; 200 Independence Avenue SW; Room 509F, HHH Building; Washington, D.C. 20201; or by phone: **1-800-368-1019**, **1-800-537-7697** (TTY/TDD).

Complaint forms are available at <https://www.hhs.gov/ocr/complaints/index.html>.

La discriminación es un delito

Wellcare By Allwell cumple con las leyes Federales de derechos civiles aplicables y no discrimina por motivos de raza, color de piel, nacionalidad de origen, edad, discapacidad o sexo (incluido el embarazo, la orientación sexual y la identidad de género). Wellcare By Allwell no excluye a las personas ni las trata de manera diferente por su raza, color de piel, nacionalidad de origen, edad, discapacidad o sexo (incluido el embarazo, la orientación sexual y la identidad de género).

Wellcare By Allwell proporciona:

- Brinda asistencia y servicios, sin costo alguno, a las personas con discapacidades para comunicarse de manera eficaz con nosotros, como los siguientes:
 - Intérpretes de lengua de señas calificados
 - Información escrita en otros formatos (letra grande, audio, formatos electrónicos accesibles u otros formatos)
- Brinda servicios de idiomas sin costo para las personas cuyo idioma principal no es el inglés, como los siguientes:
 - Intérpretes calificados e
 - Información escrita en otros idiomas.

Si necesita estos servicios, llame a Servicios para Miembros al:

Wellcare By Allwell: **1-844-451-1768** (TTY/TDD: **711**). Entre el 1 de octubre y el 31 de marzo, los representantes están disponibles los siete días de la semana, de 8 a.m. a 8 p.m. Entre el 1 de abril y el 30 de septiembre, los representantes están disponibles de lunes a viernes de 8 a.m. a 8 p.m.

Si considera que Wellcare By Allwell no le proporcionó estos servicios o lo discriminó de otra manera por motivos de raza, color de piel, nacionalidad de origen, edad, discapacidad o sexo (incluido el embarazo, la orientación sexual y la identidad de género), puede presentar una queja ante la siguiente entidad:

1557 Coordinator

PO Box 31384, Tampa, FL 33631

1-855-577-8234

TTY/TDD: 711

Fax: 1-866-388-1769

Email: SM_Section1557Coord@centene.com

Puede presentar una queja en persona, o por correo, fax o correo electrónico. La queja debe presentarse por escrito en un plazo de 180 días a partir de la fecha en que la persona que presenta la queja advierta lo que considera discriminación. Si necesita ayuda para presentar una queja, nuestro Coordinador 1557 está disponible para ayudarlo.

También puede presentar un reclamo de derechos civiles ante la Office for Civil Rights del U.S. Department of Health and Human Services de manera electrónica a través del Portal de Reclamos de la Office for Civil Rights, disponible en <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, o por correo postal a U.S. Department of Health and Human Services; 200 Independence Avenue SW; Room 509F, HHH Building; Washington, D.C. 20201; o por teléfono: **1-800-368-1019, 1-800-537-7697** (TTY/TDD).

Los formularios de reclamo están disponibles en <https://www.hhs.gov/ocr/complaints/index.html>.

If you, or someone you are helping, have questions about Wellcare By Allwell, and are not proficient in English, you have the right to get help and information in your language at no cost and in a timely manner. If you, or someone you are helping, have an auditory and/or visual condition that impedes communication, you have the right to receive auxiliary aids and services at no cost and in a timely manner. To receive oral interpretation, ASL, written translation, or auxiliary services, please contact Member Services at **1-844-451-1768 (TTY 711)**.

Spanish: Si usted, o alguien a quien está ayudando, tiene preguntas acerca de Wellcare By Allwell y no domina el inglés, tiene derecho a obtener ayuda e información en su idioma sin costo alguno y de manera oportuna. Si usted, o alguien a quien está ayudando, tiene un impedimento auditivo o visual que le dificulta la comunicación, tiene derecho a recibir ayuda y servicios auxiliares sin costo alguno y de manera oportuna. Para recibir interpretación oral, lengua de signos americana (ASL), traducción escrita o servicios auxiliares, comuníquese con Servicios para Miembros al **1-844-451-1768 (TTY 711)**.

Navajo: Daa ni, doodaii la'da ni'bineesh'a dzaadi, be'esdzááh na'idíkid 'aa Wellcare By Allwell, dóó bineesh'a góó t'oo 'adee naash'ne di Bilagaana bizaad, ni be'esdzááh la' t'áá 'áko góó bil hánish'áásh dzaadi dóó bíka'ashkíd di nihí saad gi 'ádin t'áadoo bááhilinigoo dóó di léi na'alkid lahgo 'át'éego. Dáá ni, doodaii la'da ni'bineesh'a dzaadi, be'esdzááh la nish'j dóó/doodaii na'ach'aah 'ahoosoli eii biniish'laah bil'alnaa'alwo, ni be'esdzááh la' t'aa 'ako góó baa yíltsóós 'ooljee'lahgo 'anaa'niil bika'iishyeed dóó tse'esgizii gi 'adin t'áadoo baahilinigoo dóó di léi na'alkid lahgo 'át'éego. Góó yíltsóós saad náánalahdée' doodaii 'ooljee'lahgo 'anaa'niil tse'esgizii, Bilagáana 'atiingi 'i'ii'ahigii dine bizaad (ASL), t'aa shoodi deistse' 'Anishtah Tse'esgizii gi **1-844-451-1768 (TTY 711)**.

Chinese (Mandarin): 如果您或您帮助的人对 Wellcare By Allwell 有疑问，并且不精通英语，则您有权免费、及时获得以您的语言提供的帮助和信息。如果您或您帮助的人患有听觉和/或视觉方面的疾病，会阻碍沟通，则您有权免费、及时获得辅助工具和服务。要获得口译、美国手语 (ASL)、笔译或辅助服务，请致电 **1-844-451-1768 (TTY 711)** 联系会员服务部。

Chinese (Cantonese): 如果您，或是您正在協助的對象，有關於 Wellcare By Allwell 方面的問題，且不精通英語，您有權利免費並及時以您的母語獲幫助和訊息。如果您，或您正在協助的對象有聽力和/或視力上的問題，阻礙了溝通，您有權利免費並及時獲得輔助支援與服務。若要取得口譯，美國手語 (ASL)，書面翻譯或輔助服務，請聯絡會員服務部，電話是 **1-844-451-1768** (TTY **711**)。

Vietnamese: Nếu quý vị hoặc người mà quý vị đang giúp đỡ có câu hỏi về Wellcare By Allwell và không thành thạo tiếng Anh, quý vị có quyền được trợ giúp và nhận thông tin bằng ngôn ngữ của mình miễn phí và kịp thời. Nếu quý vị hoặc người mà quý vị đang giúp đỡ mắc bệnh về thính giác và/hoặc thị giác gây cản trở giao tiếp, quý vị có quyền được nhận các hỗ trợ và dịch vụ phụ trợ miễn phí và kịp thời. Để nhận dịch vụ thông dịch Ngôn ngữ ký hiệu Mỹ (ASL) hoặc dịch vụ phụ trợ, vui lòng liên hệ bộ phận Dịch Vụ Thành Viên theo số **1-844-451-1768** (TTY **711**).

Arabic: إذا كان لديك أو لدى شخص تساعده أسئلة حول Wellcare By Allwell، ولم تكن بارعًا باللغة الإنكليزية، فلديك الحق في الحصول على المساعدة والمعلومات بلغتك من دون أي تكلفة وفي الوقت المناسب. إذا كنت أنت أو أي شخص تساعده تعاني من حالة سمعية و/أو بصرية تعيق التواصل، فلديك الحق في تلقي مساعدات وخدمات إضافية من دون أي تكلفة وفي الوقت المناسب. لتلقي خدمات الترجمة الشفهية أو لغة الإشارة الأمريكية (ASL) أو الترجمة الكتابية أو خدمات إضافية، يرجى الاتصال بخدمات الأعضاء على **1-844-451-1768** (TTY **711**).

Tagalog: Kung ikaw, o ang iyong tinutulungan, ay may mga katanungan tungkol sa Wellcare By Allwell, at hindi ka mahusay sa Ingles, may karapatan ka na makakuha ng tulong at impormasyon sa iyong wika nang walang gastos at sa maagap na paraan. Kung ikaw, o ang iyong tinutulungan, ay may kondisyon sa pandinig at/o paningin na nakakaapekto sa komunikasyon, may karapatan kang makatanggap ng mga karagdagang tulong at serbisyo nang walang gastos at sa maagap na paraan. Para makatanggap ng pasalitang pagsasalin, ASL, pasulat na pagsasalin, o mga karagdagang serbisyo, mangyaring makipag-ugnayan sa Mga Serbisyo para sa Miyembro sa **1-844-451-1768** (TTY **711**).

Korean: 귀하 또는 귀하의 도움을 받는 분이 Wellcare By Allwell 에 대한 질문이 있는 경우 영어에 능숙하지 않으시면 해당 언어로 시의적절하게 무료 지원과 정보를 받을 권리가 있습니다. 귀하 또는 귀하의 도움을 받는 분이 청각 및/또는 시각적으로 의사소통에 장애가 있는 경우 시의적절하게 무료 보조 도구 및 서비스를 받을 권리가 있습니다. 구두 통역, ASL, 서면 번역 또는 보조 서비스를 받으시려면 **1-844-451-1768(TTY 711)**번으로 가입자 서비스부에 연락해주시십시오.

French: Si vous-même ou une personne que vous aidez avez des questions à propos de Wellcare By Allwell et que vous ne maîtrisez pas l'anglais, vous pouvez bénéficier gratuitement et en temps utile d'aide et d'informations dans votre langue. Si vous-même ou une personne que vous aidez souffrez d'un trouble auditif ou visuel qui entrave la communication, vous pouvez bénéficier gratuitement et en temps utile d'aides et de services auxiliaires. Pour profiter de services d'interprétation, de langue des signes américaine (ASL), de traduction ou de services auxiliaires, veuillez contacter Services aux membres au **1-844-451-1768 (TTY 711)**.

German: Falls Sie oder jemand, dem Sie helfen, Fragen zu Wellcare By Allwell hat und nicht Englisch spricht, haben Sie das Recht, kostenlos und zeitnah Hilfe und Informationen in Ihrer Sprache zu erhalten. Falls Sie oder jemand, dem Sie helfen, eine Hör- und/oder Sehbeeinträchtigung hat, die die Kommunikation beeinflusst, haben Sie das Recht, kostenlos und zeitnah zusätzliche Hilfe und Dienstleistungen zu erhalten. Für mündliche Verdolmetschungen in andere Sprachen und in amerikanische Gebärdensprache (ASL), schriftliche Übersetzungen oder weitere Unterstützung wenden Sie sich bitte an unseren Kundendienst unter **1-844-451-1768 (TTY 711)**.

Russian: Если у вас или у лица, которому вы помогаете, возникли какие-либо вопросы о программе страхования Wellcare By Allwell, при этом вы недостаточно хорошо владеете английским языком, вы имеете право на бесплатную и своевременную помощь и информацию на своем родном языке. Если у вас или у лица, которому вы помогаете, наблюдается какое-либо нарушение слуха и/или зрения, которое препятствует коммуникации, вы имеете право на бесплатные и своевременные вспомогательные услуги и помощь. Для получения услуг устного перевода, перевода на американский жестовый язык (ASL), письменного перевода или вспомогательных услуг обратитесь в отдел обслуживания участников программы страхования по номеру **1-844-451-1768** (TTY **711**).

Japanese: ご自身やあなたが介護している他の人が、Wellcare By Allwellについてご質問をお持ちの場合、英語に自信がなくても無料かつタイムリーにご希望の言語でヘルプや情報を得ることができます。ご自身や、あなたが介護している他の人の聴覚や視覚の状態のためやり取りが難しい場合でも、無料かつタイムリーに補助サービスを受けることができます。通訳やアメリカ手話 (ASL)、翻訳、補助サービスを受けるには、**1-844-451-1768** (TTY **711**)のメンバーサービスにご連絡ください。

(Farsi) Persian: اگر شما یا فردی که دارید به او کمک می‌کنید، سؤالی درباره Wellcare By Allwell دارید، و انگلیسی نمی‌دانید، حق دارید کمک و اطلاعات را به زبان خودتان به رایگان و به موقع دریافت کنید. اگر شما یا فردی که دارید به او کمک می‌کنید مشکلات شنوایی یا بینایی دارد که برقراری ارتباط را سخت می‌کند، حق دارید کمک‌ها و خدمات امدادی را به زبان خودتان به رایگان و به موقع دریافت کنید. برای دریافت خدمات ترجمه شفاهی، زبان اشاره امریکایی (ASL)، ترجمه کتبی، یا کمک‌های امدادی لطفاً با خدمات اعضا به شماره **1-844-451-1768** (TTY **711**) تماس بگیرید.

Multi-Language Insert Multi-language Interpreter Services

English: We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at **1-844-428-2224 (TTY: 711)**. Someone who speaks English/Language can help you. This is a free service.

Spanish: Contamos con los servicios de interpretación gratuitos para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para solicitar un intérprete, llámenos al **1-844-428-2224 (TTY: 711)**. Alguien que hable español puede ayudarlo. Este es un servicio gratuito.

Chinese (Mandarin): 我们提供免费的口译服务，可解答您对我们的健康或药物计划的有关疑问。如需译员，请拨打 **1-844-428-2224 (TTY: 711)**。您将获得中文普通话口译员的帮助。这是一项免费服务。

Chinese (Cantonese): 我們提供免費的口譯服務，可解答您對我們的健康或藥物計劃可能有的任何疑問。如需口譯員服務，請致電 **1-844-428-2224 (TTY: 711)**。會說廣東話的人員可以幫助您。此為免費服務。

Tagalog: May mga libre kaming serbisyo ng interpreter para sagutin ang anumang posible ninyong tanong tungkol sa aming planong pangkalusugan o plano sa gamot. Para kumuha ng interpreter, tawagan lang kami sa **1-844-428-2224 (TTY: 711)**. May makakatulong sa inyo na nagsasalita ng Tagalog. Isa itong libreng serbisyo.

French: Nous mettons à votre disposition des services d'interprétation gratuits pour répondre à toutes vos questions sur notre régime de santé ou de médicaments. Pour obtenir les services d'un interprète, appelez-nous au **1-844-428-2224 (TTY: 711)**. Un interlocuteur francophone pourra vous aider. Ce service est gratuit.

Vietnamese: Chúng tôi có dịch vụ thông dịch miễn phí để trả lời bất kỳ câu hỏi nào của quý vị về chương trình sức khỏe hoặc chương trình thuốc của chúng tôi. Để nhận thông dịch viên, chỉ cần gọi cho chúng tôi theo số **1-844-428-2224 (TTY: 711)**. Một nhân viên nói tiếng Việt có thể giúp quý vị. Dịch vụ này được miễn phí.

German: Wir bieten Ihnen einen kostenlosen Dolmetschservice, wenn Sie Fragen zu unseren Gesundheits- oder Medikamentenplänen haben. Wenn Sie einen Dolmetscher brauchen, rufen Sie uns unter folgender Telefonnummer an: **1-844-428-2224 (TTY: 711)**. Ein deutschsprachiger Mitarbeiter wird Ihnen behilflich sein. Dieser Service ist kostenlos.

Korean: 당사의 건강 또는 의약품 플랜과 관련해서 물어볼 수 있는 모든 질문에 답변하기 위한 무료 통역 서비스가 있습니다. 통역사가 필요한 경우, **1-844-428-2224(TTY: 711)**번으로 당사에 연락해 주십시오. 한국어를 구사하는 통역사가 도움을 드릴 수 있습니다. 통역 서비스는 무료로 제공됩니다.

Russian: Если у вас возникли какие-либо вопросы о нашем плане медицинского страхования или плане с покрытием лекарственных препаратов, вам доступны бесплатные услуги переводчика. Если вам нужен переводчик, просто позвоните нам по номеру **1-844-428-2224 (TTY: 711)**. Вам окажет помощь сотрудник, говорящий на русском языке. Данная услуга бесплатна.

Arabic: نوّقر خدمات ترجمة فورية مجانية للإجابة على أي أسئلة قد تكون لديك حول خطة الصحة أو الدواء الخاصة بنا. للحصول على مترجم فوري، ما عليك سوى الاتصال بنا على الرقم **1-844-428-2224 (TTY: 711)**. يمكن أن يساعدك شخص يتحدث العربية. وتتوفر هذه الخدمة بشكل مجاني.

Hindi: हमारे स्वास्थ्य या ड्रग प्लान के बारे में आपके किसी भी प्रश्न का उत्तर देने के लिए, हम मुफ्त में दुभाषिया सेवाएं देते हैं। दुभाषिया सेवा पाने के लिए, बस हमें **1-844-428-2224 (TTY: 711)** पर कॉल करें। हिंदी बोलने वाला/वाली कोई सहायक आपकी मदद कर सकता/सकती है। यह एक निःशुल्क सेवा है।

Italian: Sono disponibili servizi di interpretariato gratuiti per rispondere a qualsiasi domanda possa avere in merito al nostro piano farmacologico o sanitario. Per usufruire di un interprete, è sufficiente contattare il **1-844-428-2224 (TTY: 711)**. Qualcuno la assisterà in lingua italiana. È un servizio gratuito.

Portuguese: Temos serviços de intérprete gratuitos para responder a quaisquer dúvidas que possa ter sobre o nosso plano de saúde ou medicação. Para obter um intérprete, contacte nos através do número **1-844-428-2224 (TTY: 711)**. Um falante de português poderá ajudá-lo. Este serviço é gratuito.

French Creole: Nou gen sèvis entèprèt gratis pou reponn nenpòt kesyon ou ka genyen sou plan sante oswa plan medikaman nou an. Pou jwenn yon entèprèt, annik rele nou nan **1-844-428-2224 (TTY: 711)**. Yon moun ki pale Kreyol Ayisyen ka ede w. Se yon sèvis ki gratis.

Polish: Oferujemy bezpłatną usługę tłumaczenia ustnego, która pomoże Państwu uzyskać odpowiedzi na ewentualne pytania dotyczące naszego planu leczenia lub planu refundacji leków. Aby skorzystać z usługi tłumaczenia ustnego, wystarczy zadzwonić pod numer **1-844-428-2224 (TTY: 711)**. Zapewni to Państwu pomoc osoby mówiącej po polsku. Usługa ta jest bezpłatna.

Japanese: 弊社の健康や薬剤計画についてご質問がある場合は、無料の通訳サービスをご利用いただけます。通訳を利用するには、**1-844-428-2224 (TTY : 711)** にお電話ください。日本語の通訳担当者が対応します。これは無料のサービスです。

Bengali: আমাদের স্বাস্থ্য বা ড্রাগ বিষয়ক পরিকল্পনা সম্পর্কে আপনার সম্ভাব্য যে কোন প্রশ্নের উত্তর দেওয়ার জন্য আমাদের কাছে বিনামূল্যে ইন্টারপ্রেটার পরিষেবা রয়েছে। একজন ইন্টারপ্রেটার পেতে, খালি আমাদের **1-844-428-2224 (TTY: 711)** নম্বরে কল করুন। বাংলা বলতে পারে এমন কেউ আপনাকে সাহায্য করতে পারে। এই পরিষেবাটির জন্য কোনও খরচ নেই।

Nepali: हाम्रा स्वास्थ्य वा औषधिसम्बन्धी प्लानहरूको सम्बन्धमा तपाईंसँग हुन सक्ने जुनसुकै प्रश्नको जवाफ दिन हामीसँग निःशुल्क दोभासे सेवाहरू छन्। कुनै दोभासेको सेवा प्राप्त गर्न तपाईंले **1-844-428-2224 (TTY: 711)** मा हामीलाई कल मात्र गरे पुग्छ। नेपाली भाषा बोल्ने कुनै व्यक्तिले तपाईंलाई मद्दत गर्नुहुने छ। यो एक निःशुल्क सेवा हो।

Swahili: Tuna huduma za mkalimani zisizolipiwa wa kujibu maswali yoyote ambayo unaweza kuwa nayo kuhusu mpango wetu wa afya au dawa. Ili kupata mkalimani, tupigie tu simu kupitia **1-844-428-2224 (TTY: 711)**. Mtu anayezungumza Kiswahili anaweza kukusaidia. Huduma hii ni ya bila malipo.

Tamil: எங்கள் உடல்நலம் அல்லது மருந்துத் திட்டம் பற்றி உங்களுக்கு ஏதேனும் கேள்விகள் இருந்தால் பதிலளிப்பதற்காக இலவச மொழிபெயர்ப்பாளர் சேவைகளை வழங்குகிறோம். ஒரு மொழிபெயர்ப்பாளரை அணுக, 1-844-428-2224 (TTY: 711) என்ற எண்ணில் எங்களை அழைக்கவும். தமிழ் பேசத் தெரிந்த ஒருவர் உங்களுக்கு உதவுவார். இது ஒரு இலவச சேவையாகும்.

Race, Ethnicity and Language Information (REL)

Wellcare By Allwell promises to keep your race, ethnicity, and language (REL) information private. We use some of the following ways to protect your information:

- Keeping paper documents in locked file cabinets.
- Requiring that all electronic information stays on physically secure media.
- Maintaining your electronic information in password-protected files.

We may use or share your REL info to perform our work. These activities may include:

- Finding health care gaps.
- Making intervention programs.
- Designing and directing outreach materials.
- Telling health care professionals and doctors about your language needs.

We will never use your REL information for approving, rate setting, or benefit decisions. We will not give your REL information to unauthorized people.

If you need these services, contact Wellcare By Allwell at **1-844-796-6811** (TTY: **711**). Between October 1 and March 31, representatives are available seven days a week, 8 a.m. to 8 p.m. Between April 1 and September 30, representatives are available Monday–Friday, 8 a.m. to 8 p.m.

English

Attention: If you speak English, language assistance services are available to you free of charge. Call **1-844-796-6811** (TTY: **711**).

Español (Spanish)

Atención: Si habla español, hay servicios de asistencia lingüística disponibles sin costo para usted. Llame al **1-844-796-6811** (TTY: **711**).

Lus Hmoob (Hmong)

Ua Tib Zoo Saib: Yog tias koj hais lus Hmoob, peb muaj cov kev pab cuam txhais lus uas koj tsis tas them nqi dab tsi. Hu rau **1-844-796-6811** (TTY: **711**).

普通话 (Mandarin Chinese)

请注意：如果您说普通话，我们可以为您提供免费语言支持服务。请致电 **1-844-796-6811** (TTY: **711**)。

ພາສາລາວ (Laotian)

ຊື່ຄວນໃສ່ໃຈ: ຫາກວ່າທ່ານເວົ້າພາສາລາວ, ພວກເຮົາມີການບໍລິການ ຊ່ວຍເຫຼືອດ້ານພາສາໃຫ້ທ່ານໂດຍບໍ່ເສຍຄ່າ. ໂທຫາ **1-844-796-6811** (TTY: **711**).

မြန်မာဘာသာ (Burmese)

သတိပြုရန်- သင်သည် မြန်မာစကားပြောဆိုပါက၊ ဘာသာစကား အကူအညီ ဝန်ဆောင်မှုများကို အခမဲ့ရယူနိုင်သည်။ **1-844-796-6811** (TTY: **711**) သို့ ဖုန်းခေါ်ဆိုပါ။

Somali (Somali)

Fiiro gaar ah: Hadii aad ku hadasho Soomaali, adeegyada kaalmada luuqada ayaad heleysaa oo kuu bilaash ah. La hadal **1-844-796-6811** (TTY: **711**).

Русский (Russian)

Внимание: если вы говорите на русском языке, вы можете бесплатно получить помощь переводчика. Позвоните по номеру **1-844-796-6811** (TTY: **711**).

Hrvatski (Croatian)

Pažnja: ako govorite hrvatski, usluge jezične pomoći dostupne su vam besplatno. Nazovite **1-844-796-6811** (TTY: **711**).

German (German)

Achtung: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos Sprachdienstleistungen zur Verfügung. Rufen Sie dazu folgende Nummer an: **1-844-796-6811** (TTY: **711**).

العربية (Arabic)

انتباه: في حال كنت تتحدث اللغة العربية، تتوفر لك خدمات مساعدة لغوية مجانية. اتصل على الرقم **1-844-796-6811** (TTY: **711**).

Tiếng Việt (Vietnamese)

Lưu ý: Nếu quý vị nói tiếng Việt, chúng tôi có dịch vụ hỗ trợ ngôn ngữ miễn phí cho quý vị. Gọi số **1-844-796-6811** (TTY: **711**).

한국어 (Korean)

주의: 한국어를 구사할 경우, 언어 보조 서비스를 무료로 이용하실 수 있습니다. **1-844-796-6811**(TTY: **711**)번으로 전화해 주십시오.

Deitsch (Pennsylvania Dutch)

Wichdich: Wann du Deitsch schwetzscht, kannscht du en Interpreter griege unni as es ennich eppes koschte zellt. Ruf **1-844-796-6811** (TTY: **711**) uff.

Polski (Polish)

Uwaga: Jeśli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer **1-844-796-6811** (TTY: **711**).

हिंदी (Hindi)

ध्यान दें: यदि आप हिंदी बोलते हैं, तो भाषा सहायता सेवाएं आपके लिए निःशुल्क उपलब्ध हैं। **1-844-796-6811** (TTY: **711**) पर कॉल करें।

Shqip (Albanian)

Vëmendje: Nëse flisni shqip, shërbimet e asistencës gjuhësore ju vihen në dispozicion falas. Telefononi **1-844-796-6811** (TTY: **711**).







XOGTA QORSHAHA MUHIIMKA AH

